



Immaculate Heart of Mary Catholic Church

Mailing Address: P. O. Box 100 * New Melle, MO 63365

Website: www.ihm-newmelle.org

Office Phone: 636-398-5270

Deliveries only address: 8 West Highway D, New Melle, MO 63365

April 19, 2020

All Masses and other devotions
have been suspended until further
notice from the Archdiocese

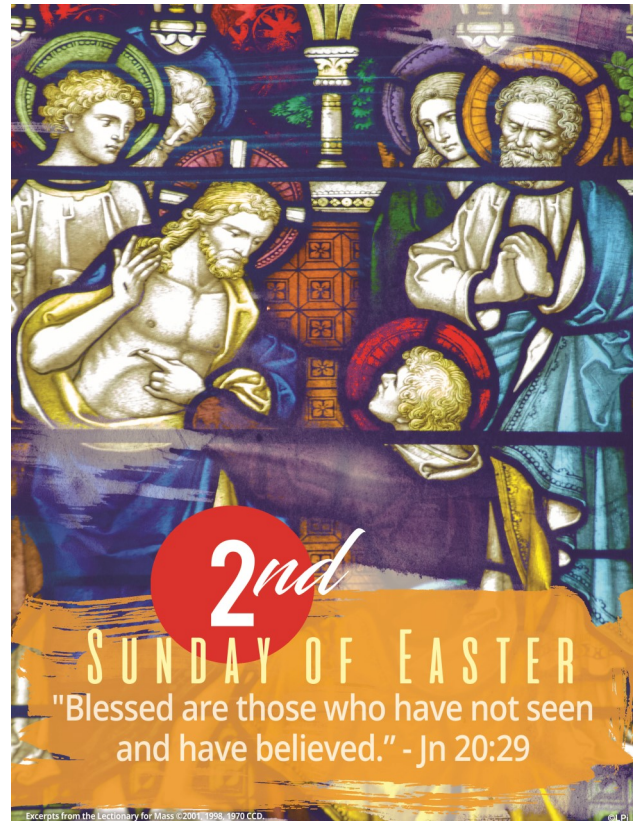
St. Joseph Chapel will remain available
for Eucharistic Adoration

Our livestream daily Masses can be found
on the parish website or on YouTube

Jesus, Fount of Divine Mercy,
have mercy on us.

Sacraments

- Reconciliation:** Wednesday in church, 7pm
Saturday following 8am Mass
- Marriage:** Contact the parish office
at least six months prior to the wedding
- Baptism:** Contact the parish office
to register for class and to arrange date
- Rite of Christian Initiation of Adults:**
Contact Shawn Mueller in the parish office



Deeper Understanding of Scripture

A person was going through a very dark time, questioning the meaning of life, not feeling very purposeful or worthwhile, and feeling disconnected and unappreciated. Suddenly, they gazed up at the night sky, found themselves in awe of all the stars and constellations, and exclaimed, "I am here on purpose and I am loved!" Having been brought by God to this moment of intense connection and awareness, his life changed from that moment on.

If we are always preoccupied with the challenges, obligations, and stuff of daily life, we can easily miss the wonderful opportunities when the resurrected Christ is knocking at our door. If we open ourselves to the fullness of experience, we will find ourselves listening and

embracing all that is around us, being caught up in the magnificence of creation's grandeur and knowing in our heart and soul that God is and I am.

While that sounds like a simple, tell-me-something-I don't-know kind of revelation, it is life changing when it takes root in the depth of a person's soul. Stumbling upon this awesome truth and internalizing it doesn't require an assent of the mind. It beckons for a claim on our soul. We find ourselves knowing something profound that cannot be explained or reasoned, but purely is. When we are caught up in an experience and encounter the truth, it doesn't matter how all of the pieces got put together. Truth is simply truth. The "my Lord and my God" responses we utter are not evoked

because all of the pieces of faith and life make reasonable sense. The "my Lord and my God" affirmations come when we are lifted up out of our preoccupations and silliness and are in the presence of mystery and mercy.

God is mystery, one who is beyond our grasp but at the same time within our reach, knowable yet unknowable. And when in the presence of mystery, there comes an intense experience of mercy. We know deep within the essence of ourselves — and in the very life of creation — this beating, unconditionally accepting, life-sustaining, profound, mysterious yet familiar presence of love. We have found our peace. "Peace be with you." Breathe in and breathe out. Peace.

Welcome to Immaculate Heart of Mary: *Informed—Hospitable—Missionary*

Parish Staff

Parish Office: 636-398-5270

Fr. Tom Miller, Pastor askpadre@aol.com
(for emergencies only: 314-303-2428)

Deacon Chris Ast chrisast@archstl.org
Deacon Tony Falbo tony.2011@centurylink.net
Laura Orf, Business Manager lorf@ihm-newmelle.org
Peggy Dupree, Secretary secretary@ihm-newmelle.org
Bryan Beams, Director of Music and Liturgy
bryanbeams@ihm-newmelle.org
Janet Hespen, Youth Leader janethspn@outlook.com
Karen Wappelhorst, Child Safety Coordinator
childsafety@ihm-newmelle.org

Religious Education

Shawn Mueller, Director

636-398-5270, smueller@ihm-newmelle.org

Parish School of Religion
Grades 1 thru 8, September thru May, 6-7:30pm, Wednesdays
Confirmation Preparation
8th Grade—September thru May, 6-7:30pm, Wednesdays
Children's Liturgy of the Word
September thru May, during the 9:30am Sunday Mass
Adult Education
Wednesdays at 8:45am and 6:10pm, September thru May
Rite of Christian Initiation of Adults—contact Shawn for schedule

Quick Contacts Directory

Weddings, Receptions, Events

Pat Gentry, Hall Rental 636-398-5270
Kelly Meyer, Wedding Coordinator 636-828-4994
Jean Hitt, Wedding Coordinator 636-987-2131
Joan Marren-Slaughter, Event Coordinator 636-398-5270
Mary Keune, Event Coordinator 636-398-5270

Prayer and Devotion

Eucharistic Adoration
Shawn Mueller 636-398-5270
Legion of Mary
Maria Romine-Kantor 314-614-0857
Prayer Chain
Brenda Hutchcraft 636-248-8493
Prayer Intercession/Jonah Team
Debbie Gillespie 636-398-4971
Prayer Shawl Ministry
Julia Kettler 314-616-0096

Liturgical Ministries

Extraordinary Ministers
Irene Caldwell 636-398-4311
Lectors
Ed Taylor 636-561-7099
Gift Bearers
Peggy Dupree 636-398-5270
Ushers
Gary Struckhoff 636-828-6067
Altar Servers
Deacon Tony Falbo tony.2011@centurylink.net
Altar Society
Pam DeBold 636-482-4765
Art & Environment
Mary Karll 636-433-5049
Music Ministry
Bryan Beams 636-398-5270
Adult Choir
Mary Sweeten 314-324-3249
Children's Choir
Elizabeth Jaeckle 636-828-4811
Contemporary Music Group
Debbie Gillespie 636-398-4971
Praise & Worship Band
Steve Farber 636-751-3567

Parish Organizations

Budget & Finance
Larry Graves 314-799-9804
Cemetery Committee
Mark Keune 314-220-7075
Dinner Committee
Jeff Comotto 314-570-6972
Funeral Lunches
Carol Grady 314-662-2281
Ruth Neske 636-398-5699
Vicki Grunz 636-497-5230
Helping Hearts
John Grady 314-662-2138
Mary Fischer 636-561-7747
Bob Hutchcraft 636-346-3471
Maria Romine-Kantor 314-614-0857
Knights of Columbus
Bob Hutchcraft 636-346-3471
Marian Council
Barb Pope 773-383-8602
Meal Train
Kelly Meyer meyer5853@qmcinc.org, 636-828-4994
Meals on Wheels
Jean Bammann 636-798-2718
Pro Life
Bill Winters 636-828-4133
Quilters
Mary Ann Brakensiek 636-828-5776
Ruth Willis 636-398-4597
Scouting
Chuck Hinkle 636-544-6639
Cub Scouts: Adam McCarthy 636-634-7622
Boy Scouts: Chad Peters 314-807-7177
St. Vincent de Paul
Joe Willis 636-398-2106
Welcoming Committee
Teresa Berfanger 636-398-5565

Youth and Young Adults

High School Youth Leader
Janet Hespen 314-369-6521
Young Adults
Julie Lassiter 636-357-0121

What is Divine Mercy Sunday?

In a series of revelations to St. Maria Faustina Kowalska in the 1930s, our Lord called for a special feast day to be celebrated on the Sunday after Easter. Today, we know that feast as Divine Mercy Sunday, named by Pope St. John Paul II at the canonization of St. Faustina on April 30, 2000.

The Lord expressed His will with regard to this feast in His very first revelation to St. Faustina. The most comprehensive revelation can be found in her *Diary* entry 699:

My daughter, tell the whole world about My inconceivable mercy. I desire that the Feast of Mercy be a refuge and a shelter for all souls, and especially for poor sinners. On that day the very depths of My tender mercy are open. I pour out a whole ocean of graces upon those souls who approach the fount of My mercy. The soul that will go to Confession and receive Holy Communion shall obtain complete forgiveness of sins and punishment. On that day are opened all the divine floodgates through which graces flow. Let no soul fear to draw near to Me, even though its sins be as scarlet. My mercy is so great that no mind, be it of man or of angel, will be able to fathom it throughout all eternity. Everything that exists has come from the very depths of My most tender mercy. Every soul in its relation to Me will contemplate My love and mercy throughout eternity. The Feast of Mercy emerged from My very depths of tenderness. It is My desire that it be solemnly celebrated on the first Sunday after Easter. Mankind will not have peace until it turns to the Fount of My mercy.



In all, Faustina recorded 14 revelations from Jesus concerning His desire for this feast.

Nevertheless, Divine Mercy Sunday is NOT a feast based solely on St. Faustina's revelations. Indeed, it is not primarily about St. Faustina — nor is it altogether a new feast. The Second Sunday of Easter was already a solemnity as the Octave Day of Easter. The title "Divine Mercy Sunday" does, however, highlight the meaning of the day.

Through St. Faustina, the Merciful Savior has given the aching world new channels for the outpouring of His grace. These new channels include the *Image of The Divine Mercy*, the *Feast of Mercy* (Divine Mercy Sunday), the *Chaplet*, the *Novena to The Divine Mercy*, and prayer at 3 o'clock in the afternoon, the *Hour of Great Mercy*.

Although these means of receiving God's mercy are new in form, they all proclaim the timeless message of God's merciful love. They also draw us back to the great Sacrament of Mercy, the Holy Eucharist, where the living Lord, who suffered and died on the Cross and whose Heart was pierced with a lance, pours forth His mercy on all mankind, and grants pardon to all who draw near and honor Him. As Jesus told St. Faustina (*Diary*, 367):

My Heart overflows with great mercy for souls, and especially for poor sinners...[I]t is for them that the Blood and Water flowed from My Heart as from a fount overflowing with mercy. For them I dwell in the tabernacle as King of Mercy.

From the Diary of Sister Faustina...

In the evening, when I was in my cell, I became aware of the Lord Jesus clothed in a white garment. One hand was raised in blessing, the other was touching the garment at the breast. From the opening of the garment at the breast there came forth two large rays, one red and the other pale. In silence I gazed intently at the Lord; my soul was overwhelmed with fear, but also with great joy. After a while Jesus said to me, "paint an image according to the pattern you see, with the inscription: Jesus, I trust in You." (*Diary*, 47) Some time later, Our Lord again spoke to her:

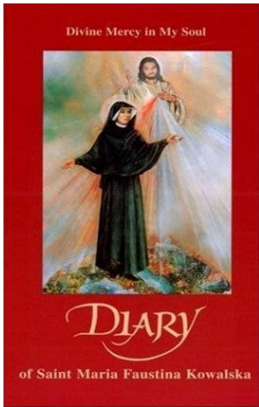
"The pale ray stands for the Water which makes souls righteous; the red ray stands for the Blood which is the life of souls...These two rays issued forth from the depths of My most tender Mercy at that time when My agonizing Heart was opened by a lance on the Cross...." (*Diary*, 299)



St. Paul Library / Lighthouse CD Resources

(Note: With close to 4000 items, the Parish Library is located in the **Grand Hall** past the restrooms. It is open during the week-normal business hours-and works on an honor system. Items from the Lighthouse CD rack are located and available in the **Narthex**

From the Parish Library (Grand Hall)



From a review on Amazon: I first read Saint Faustina's book *Diary: Divine Mercy in My Soul* when she was plain old Sister Faustina. The book freaked me out in several places, especially the locutions from Jesus and the visions of the afterlife. I was drawn to the book, but it frightened me, when I had just come back to the Church after a period of atheism. This was the mid-1980's also, when visionaries, mystics and classic Catholic spirituality was on the wane in the United States. Devotional books as intense as Saint Faustina's had given way to more careful, distanced spirituality. So I put the book away. I came back to it several times over the years, and always found much to intrigue, inspire and challenge me. I found it again in a Eucharistic Adoration chapel a few months ago, and bought it for myself after using it to great effect in prayer in front of the Blessed Sacrament exposed. At this point, in my sixth decade of life, with classic Catholicism in full bloom wherever I look, I am finding it a wonderful book to deepen my knowledge of and relationship with Christ. I highly recommend it to Christians, especially Catholics, of all ages. When I first picked the book up in the 80's, Eucharistic Adoration was a dream from the past, as were novenas, the rosary, Benediction, and other devotions and practices of my childhood. Today's younger Catholics are fortunate to once again have ready access to all of the traditional and classic modes of prayer and devotion that have nourished the Catholic faithful over the centuries. This book was made for the ages -- and the Divine Mercy is now coming into Its own.

Of the many world religions, only one claims that its founder returned from the grave. The resurrection of Jesus Christ is the very cornerstone of Christianity.

But a dead man coming back to life? In our sophisticated age, when myth has given way to science, who can take such a claim seriously? Some argue that Jesus never died on the cross. Conflicting accounts make the empty tomb seem suspect.

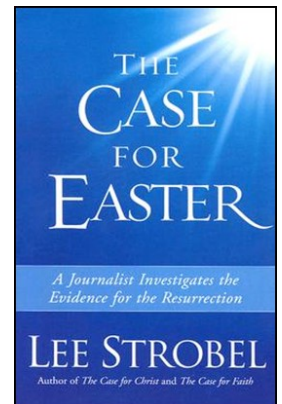
How credible is the evidence for—and against—the resurrection? Focusing his award-winning skills as a legal journalist on history's most compelling enigma, Lee Strobel retraces the startling findings that led him from atheism to belief. He examines:

The Medical Evidence—Was Jesus' death a sham and His resurrection a hoax?

The Evidence of the Missing Body—Was Jesus' body really absent from His tomb?

The Evidence of Appearances—Was Jesus seen alive after His death on the cross?

Written in a hard-hitting journalistic style, *The Case for Easter* probes the core issues of the resurrection. Jesus Christ, risen from the dead: superstitious myth or life-changing reality? The evidence is in. The verdict is up to you.



Janet Hespen, Youth Minister, 314-369-6521

No gatherings of Youth Group
until we get the "all clear"

A Big Event Coming Up!

July 17 through 19 is a youth group event called **Steubenville** for 9th thru 12th grades. It is such a fun trip you won't want to miss it!! Our Youth Ministry office with the St. Louis Archdiocese has a great program set up for us. We stay on the Missouri State campus in Springfield, MO. For more info, check out <https://steubystl.com> or just google Steubenville STL Mid-America. There are some really good YouTube videos you can check out, too. I need to send a deposit, so let me know ASAP.

2nd Sunday of Easter—Divine Mercy Sunday, April 19, 2020

Please pray for all the sick and suffering

Mark Hanna, Phyllis Zerr, Vickie Brink, Sandy Knott,
Mike & Pat Ryan, Carol Rabbitt, Fran Bussen,
Karla Sitzes, Vicky Monroe, Nancy Hollenstein, Walt Reel,
Jean Bamert, Amy Robbins, Don Schmidt, Loretta Bruns,
Betty Heppermann, Kathy Feldewerth, Frank Marquart,
Dan Brothers, Cindy White, Janie Roth,

David & Lisa Debold and Ratha Beymer
(Dave & Pam DeBold's children and Pam's mother),
Dave Asinger (brother-in-law of Larry & Rita Bendel),
Bob Holland (friend of Shirley Augustine),
Fred Brown (son-in-law of Bill & Bernie Pollihan),
Leon Burkemper (son of Carol Rabbitt),
Doris Eisenbath (mother of Judy Molitor),
Loretta Nolan (sister of Kathy Lalonde),
Janet Piel (sister of Joni Marren-Slaughter),
Loren & Evelyn Brandon (parents of Marty & Peggy Dupree),
Audrey Molitor (sister of Flo Joerling),
Pat Finan (daughter of Fran Bussen),
Jim Raymond (brother of Alan & Marsha Raymond)

Hospitalization: If you are hospitalized, please let us know.
Please call the office or ask a friend to call for you if necessary.

Communion Calls: If you would like to receive Communion but
are unable to get to Mass because of illness or disability, please
contact the parish office: 636-398-5270.

Prayer Requests: Brenda Hutchcraft at 636-248-8493 or email
brhutchcraft@centurytel.net

2nd Sunday of Easter—Divine Mercy Sunday

[The apostle Thomas was absent when Jesus appeared to the disciples; and he refused to believe, saying,] "Unless I see the scars of the nails, and put my finger in those scars. I will not believe." "[Later Jesus dealt tenderly with Thomas and he believed.]
JOHN 20:25

The Basilica of the Holy Cross in Jerusalem was consecrated around 325 to house the Passion Relics brought to Rome from the Holy Land by St. Helena of Constantinople, mother of the Roman Emperor Constantine.

Several well-known relics of disputed authenticity are housed here including a part of the panel which was hung on Christ's Cross; two thorns of the crown; an incomplete nail; and three small wooden pieces of the True Cross itself. Other relics enshrined in the Chapel include: (relevant to the Scripture readings today) **The bone of an index finger, said to be the finger of St. Thomas that he placed in the wounds of the Risen Christ**

Mark Link S.J. *Action 2000*

Contributions, April 12

General Offertory:	\$8,853.58
Online – General Offertory:	<u>\$4,244.37</u>
TOTAL	\$13,097.95

*"Jesus came and stood among them and said to them,
'Peace be with you.'
(Colossians 3:2)*

Are you good at making people feel welcome? When you meet someone new, like a new neighbor, a new work colleague or a new parishioner, do you make them feel at home? Many of us can probably do a much better job at this. When we make people feel welcome, we make them feel like they are included instead of being excluded. We are made for relationships—with God and each other. A simple "hello" and a smile goes a long way.

We pray ... that we help our parish create a welcoming environment where people feel included.

Needed at the Pantry

sugar, jelly, fruit juices, canned fruit, peaches, fruit cocktail, pineapple, pears, chicken broth, laundry detergent, dish soap, shaving lotion, saltines, cake mixes, icing, bar soap, toothpaste and paper products



If you're 70½ years or older, your IRA can help a family in need today with the Society of St. Vincent de Paul! You can get tax benefits and benefit a Neighbor in Need. It's simple! To learn more, contact your financial advisor or Ryan Carney at 314-881-6003.

✠ Rest in Peace ✠

We offer our prayerful sympathy on the passing of

Sherri Callahan

daughter of Paul & Vicki Grunz

David Betlach

husband of Joan Betlach

Barbara Sadlo Baker

daughter of Eleanor Sadlo

Morel "Bud" Stientjes

husband of Elaine Stientjes

Evan Kielty

relative of Paul & Sue McNeill

May they and all the faithful departed
rest in the eternal peace of Christ.

Pope's Intentions for April: Freedom from Addiction

We pray that those suffering from addiction may
be helped and accompanied.



What's Your Catholic Catechism IQ?

- Progress in virtue, knowledge of the good, and asceticism enhance the mastery of the _____ over its acts.
 - mind
 - body
 - will
 - truth
- Responsibility for an action can be diminished or even _____ by such things as ignorance, fear, habit, and other psychological or social factors.
 - cast out
 - avoided
 - nullified
 - neglected
- By refusing God's plan of love, man deceived himself and became a _____ to sin.
 - slave
 - scandal
 - deception
 - survivor
- Human history attests the wretchedness and oppression born of the human heart in consequence of the _____ of freedom.
 - abuse
 - hope
 - joy
 - promise
- By deviating from the moral law man violates his own _____.
 - freedom
 - friends
 - community
 - parents
- Christ redeemed them from the sin that held them in _____; for freedom Christ has set us free.
 - Egypt
 - Exodus
 - goodness
 - bondage
- The grace of Christ is not in the slightest way a rival of our freedom when this freedom accords with the true and the good that God has put in the _____.
 - bible
 - creed
 - human heart
 - church
- Human acts, that is, acts that are freely chosen in consequence of a judgment of conscience, can be morally evaluated. They are either _____ or _____.
 - happy/sad
 - true/false
 - good/evil
 - wrong/doubtful
- The _____ of human acts depends on: the object chosen—the end in view or the intention.
 - quality
 - test
 - orality
 - truth
- A morally _____ act requires the goodness of the object, of the end, and of the circumstances together.
 - bad
 - good
 - discouraged
 - wrong

PSR Corner

Renowned speaker and author Fr.

Michael Gaitley tells the dramatic history

of God's love and mercy as interwoven through the transformative message of St. Faustina, the miraculous appearance of Mary at Fatima, the witness of Maximilian Kolbe, and the world-changing papacy of Pope St. John Paul II. Featuring the brilliant cinematic artistry of the Augustine Institute's film studio, the vast panorama of God's work of mercy in the world unfolds as a story to be experienced.



Immaculate Heart of Mary Parish has purchased a subscription to FORMED for every person in the parish boundaries (that means you). Go to www.ihm-newmelle.Formed.org and you will have access to all the resources on the site.

YARD SIGNS



Note: If you are interested in obtaining an outdoor yard sign of Divine Mercy, a local group from St. Francis Borgia in Washington makes these. Visit <https://borgiaparish.org/divine-mercy> or call Ken Obermark at 636.239.7456

Readings of the Week

Sun: Acts 2:42-47/Ps 118:2-4, 13-15, 22-24 [1]/1 Pt 1:3-9/Jn 20:19-31
 Mon: Acts 4:23-31/Ps 2:1-3, 4-7a, 7b-9 [cf. 11d]/Jn 3:1-8
 Tue: Acts 4:32-37/Ps 93:1ab, 1cd-2, 5 [1a]/Jn 3:7b-15
 Wed: Acts 5:17-26/Ps 34:2-3, 4-5, 6-7, 8-9 [7a]/Jn 3:16-21
 Thu: Acts 5:27-33/Ps 34:2 and 9, 17-18, 19-20 [7a]/Jn 3:31-36
 Fri: Acts 5:34-42/Ps 27:1, 4, 13-14 [cf. 4abc]/Jn 6:1-15
 Sat: 1 Pt 5:5b-14/Ps 89:2-3, 6-7, 16-17 [2]/Mk 16:15-20

Commemorative jewelry to always remember 2020.



My house got TP'd last night. It is now appraised at \$875,000.

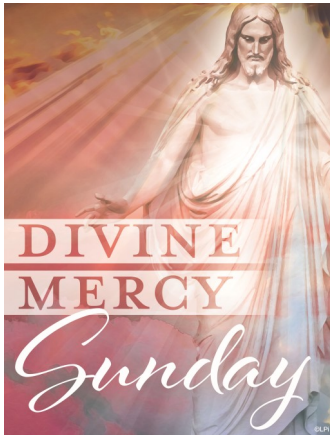
Does anyone know how long toilet paper will last if you freeze it?

Feeling guilty about your kids watching too much TV? Just mute it and turn the captions on. Boom! Now they're reading!

Fourteen days without watching sports on TV so I am watching birds fight for worms. Cardinals - 4 Blue Jays - 1.

Gas is finally affordable, and we can't go anywhere.

My cellphone is so full of information on this virus, it doesn't vibrate anymore, it coughs.



On the Second Sunday of Easter of the Jubilee Year 2000, at the Mass for the Canonization of St. Faustina Kowalska, Pope John Paul II proclaimed to the world that "from now on throughout the Church" this Sunday will be called "Divine Mercy Sunday." Many of the Church's pastors and liturgists were taken by surprise by this announcement. Some wondered: "Why is the Holy Father doing this? Is he simply creating a new feast because of the private revelations given to the Polish mystic St. Faustina Kowalska?" To hear "the rest of the story" go to: www.divinemercysunday.com/pdf/UnderstandDM.pdf

Jesus told St. Faustina that this Feast of Mercy would be a very special day when

"all the divine floodgates through which graces flow are opened". (*Diary*, 699)

As the crowning event, the octave of Easter day, our Lord made a great promise to all those souls who would go to Confession* and then receive Him in Holy Communion on the Feast of Mercy, on the Sunday after Easter, which is now called Divine Mercy Sunday throughout the Catholic Church. Jesus promised that

"The soul that will go to Confession *and receive Holy Communion shall obtain the complete forgiveness of sins and punishment." (*Diary*, 699) He went on to say "I want to grant a complete pardon to the souls that will go to Confession and receive Holy Communion on the Feast of My Mercy." (*Diary*, 1109)

Everyone is encouraged to take advantage of this incredible promise and the additional Plenary Indulgence on this great Feast of Mercy "Divine Mercy Sunday". We want you to benefit fully from these promises, and we also want you to notify all of your family and friends about them too and urge them to return to the practice of their faith!

About the feast day "Divine Mercy Sunday", Jesus said

"...tell the whole world about My inconceivable mercy. I desire that the Feast of Mercy be a refuge and shelter for all souls, and especially poor sinners. On that day the very depths of My tender mercy are open. I pour out a whole ocean of graces upon the souls who approach the Fount of My Mercy. On that day all the divine floodgates through which graces flow are opened. Let no soul fear to draw near to Me, even though its sins be as scarlet.... Mankind will not have peace until it turns to the Fount of My Mercy". (*Diary*, 699)

Our Lord said "When you go to confession, to this fountain of My mercy, the Blood and Water which came forth from My Heart always flows down upon your soul..." and "Every time you go to confession, immerse yourself entirely in My mercy with great trust, so that I may pour the bounty of My grace upon your soul. When you approach the confessional, know this, that I Myself am waiting there for you. I am only hidden by the priest, but I Myself act in your soul. Here the misery of the soul meets the God of mercy" (1602) "Make your confession before Me. The person of the priest is... only a screen. Never analyze what sort of a priest that I am making use of; open your soul in confession to Me, and I will fill it with My light." (1725)

Excerpts taken from the Diary of St. Faustina, copyright 1987 Marians of the Immaculate Conception, Stockbridge MA., USA
www.divinemercysunday.com

** Confession during Lent is sufficient. This highlights that one must be in the state of grace to receive the extraordinary grace promised by Our Lord.*

One of our parishioners is making face masks out of old flannel sheets. If you have a set you are no longer using and would like to donate them for this purpose, please bring them to the office. Thanks!

- | | |
|---------------------|-------------------|
| 10. good 1755 | 5. freedom 1740 |
| 9. morality 1750 | 4. abuse 1739 |
| 8. good/evil 1749 | 3. slave 1739 |
| 7. human heart 1742 | 2. nullified 1735 |
| 6. bondage 1741 | 1. will 1734 |

Catholic IQ Answers



A great way to organize emergency meals for the people of our parish!

Arrival of a new baby
Military deployment
Condolences

Injuries/Surgeries
Extended illnesses
Group events

Please contact Kelly Meyer at meyer5853@qmcinc.org if you have any questions or would like to become a part of this ministry.

HEALTH & WELLNESS

3 EASY STEPS

To Keeping Yourself & Others Healthy!

We are cautioned to be especially careful during the Coronavirus outbreak. Here are some simple ways to keep sickness away.



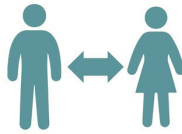
Wash Your Hands

Wash your hands for at least 20 seconds using soap and water. If you can't wash your hands, use hand sanitizer frequently.



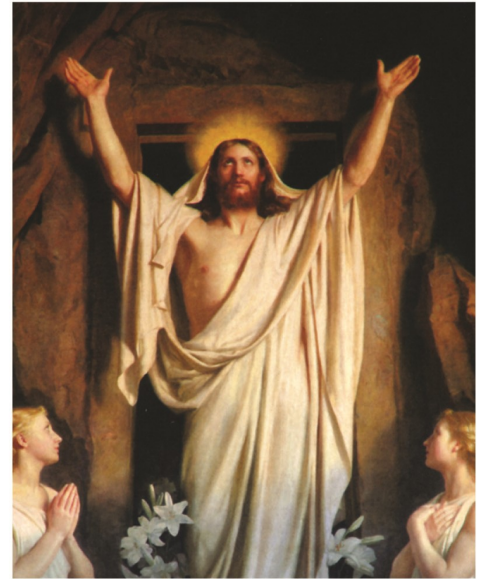
Don't Touch Your Face

Especially around the eyes, nose and mouth. If you must sneeze, use a tissue or your arm.



Keep Your Distance

Practice social distancing during this epidemic and stay away from large groups. Instead, call, email or check up on family and friends using social media.



*"Put your finger here
and see my hands,
and bring your hand
and put it into my
side, and do not be
unbelieving, but
believe." Thomas
answered and said
to him, "My Lord and
my God!" Jesus said to
him, "Have you come
to believe because
you have seen me?
Blessed are those who
have not seen and
have believed."*

- Jn 20:27b-29

Excerpts from the Lectionary for Mass
©2001, 1998, 1970 CCD

**GOD LOVES EACH OF
US AS IF THERE WERE
ONLY ONE OF US.**

St. Augustine



©LPI