

Immaculate Heart of Mary Catholic Church

Mailing Address: P. O. Box 100 * New Melle, MO 63365 Website: www.ihm-newmelle.org Office Phone: 636-398-5270

Deliveries only address: 8 West Highway D, New Melle, MO 63365

Schedule of Holy Mass

Saturday: Sunday: Weekdays: 8:00am, 4:00pm Vigil Mass for Sunday 7:30am, 9:30am 8:00am, in church

Weekly Devotions and Prayers

Eucharistic Adoration:

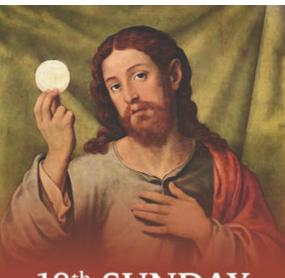
Monday 8:30am until Friday 11:00am, St. Joseph Chapel Rosary: Prior to Saturday evening 4pm Mass Weekday devotions after morning Mass: Tuesday: Mother of Perpetual Help Wednesday: Litany to St. Joseph Thursday: Celebrating the Sanctity of Life First Friday: Litany of the Sacred Heart First Saturday of the Month Devotions

8am Mass, Rosary, 15 minutes of meditation

Sacraments

Reconciliation:	Wednesday in church, 7pm Saturday following 8am Mass	
Marriage:	Contact the parish office at least six months prior to the wedding	
Baptism:	Contact the parish office to register for class and to arrange date	
Rite of Christian Initiation of Adults:		
	Contact Shawn Mueller in the parish office	

August 1, 2021



18th SUNDAY IN ORDINARY TIME

"For the bread of God is that which comes down from heaven and gives life to the world." - In 6:33

b from the Lectionery for Mass 602011, 1996, 1970 OCD

Deeper Understanding of Scripture

"You cannot see the forest for the trees" is a widely known saying that can bring wisdom to our understanding of our journey. Often, our sight becomes limited to what is immediately before us. We lose touch with lessons and experiences from the past and promises and hope for the future. As human beings, we have the privilege of being able to choose things. What I like and don't like, want, and don't want can be major preoccupations of our minds and hearts. Our preferences and desires begin to define us more than the simple fact of our being. Who we are matters more than what we are or what we have. If we don't move beyond the external and superficial stuff to what really is of essence, we risk becoming very unsettled, disorientated, angry, and unhappy. We fail to see the bigger picture of hope and promise that lies ahead and the Divine Presence that has sustained and carried us before.

We like it when the "now" time of our lives satisfy us. Even the people who witnessed

Jesus feed the five thousand got confused and distracted. It felt good when thousands of people were able to eat. They wanted to know what they could do to get this to happen again! But Jesus quickly reminds them that this is not the point of this sign. As much as the now time of our lives is of concern, it is not what is ultimately important. We need to learn the difference between being and doing, drawing more strength from who we are and who God is rather than what is happening around us and the choices we can make. Jesus is the true bread that came down from heaven. Jesus is the very incarnate presence of God who sustains life and assures us that we will not perish. This is not easy to understand and feel. We have to practice being in the presence of ourselves, others, creation, and God. We are brought to a holy place when we encounter the sacredness of being. This is real prayer.

Then, we learn to trust. It is when we cease trusting that we start to become afraid, un-

certain, apprehensive, and doubtful, and overly self-concerned. We even start to grumble. God has our back. That is the essential powerful message of the living bread come down from heaven. God, who is alpha is also omega, the beginning and the end, and has everything in between in his care as well. A woman once remarked that her most powerful God moment happened when she and her husband cuddled with their new baby for a time. Without exchanging words and using only the affection communicated through sight and touch, they rested in being with each other. This brought them to the sacred, where they realized that a greater Being was with them. It was real. They knew that they were part of something bigger, intimate, and profound. When we rest in the Living Source of life, we will find that our souls are no longer hungry or thirsty.

Welcome! Immaculate Heart of Mary: Informed—Hospitable—Missionary

Parish Staff

Parish Office: 636-398-5270

Fr. Tom Miller, Pastor askpadre@aol.com

(for emergencies only: 314-303-2428)

Deacon Chris Astchrisast@archstl.orgDeacon Tony Falbotony.2011@centurylink.netLaura Orf, Business Managerlorf@ihm-newmelle.orgPeggy Dupree, Office Managersecretary@ihm-newmelle.orgBryan Beams, Director of Music and Liturgy

bryanbeams@ihm-newmelle.org Michael McDonald, Plant Manager macmcd1123@gmail.com Karen Wappelhorst, Child Safety Coordinator childsafety@ihm-newmelle.org

Religious Education

Shawn Mueller, Director 636-398-5270, smueller@ihm-newmelle.org Parish School of Religion (when restrictions are lifted)

Grades 1 thru 8, September thru May, 8:45-9:45am, Sundays Confirmation Preparation

8th Grade—September thru May, 8:45-9:45am, Sundays

Children's Liturgy of the Word (when restrictions are lifted) September thru May, during the 10am Sunday Mass

Adult Education

Young Adults

Julie Lassiter

Wednesdays at 8:45am and 6:10pm, September thru May Rite of Christian Initiation of Adults—contact Shawn for schedule

Parish Organizations

Quick Contacts Directory

Liturgical Videographer			
Stan Kostecki	314-397-5965		
<u>Weddings, Rec</u>	eptions, Events		
Pat Gentry, Hall Rental	636-398-5270		
Kelly Meyer, Wedding Coordinat	or 636-828-4994		
Jean Hitt, Wedding Coordinator	636-987-2131		
Joan Marren-Slaughter, Event Co	ordinator 636-398-5270		
Mary Keune, Event Coordinator	636-398-5270		
<u>Prayer and D</u>	Devotion		
Eucharistic Adoration			
Shawn Mueller	636-398-5270		
Legion of Mary			
Maria Romine-Kantor	314-614-0857		
Prayer Chain	626 240 2402		
Brenda Hutchcraft	636-248-8493		
Prayer Intercession/Jonah Team	C2C 200 4071		
Debbie Gillespie Prayer Shawl Ministry	636-398-4971		
Julia Kettler	314-616-0096		
Julia Kettiel	514-010-0090		
<u>Liturgical Mi</u>	inistries		
Extraordinary Ministers			
Irene Caldwell	636-398-4311		
Lectors			
Joe Willis	636-398-2106		
Gift Bearers			
Peggy Dupree	636-398-5270		
Ushers			
Gary Struckhoff	636-828-6067		
Altar Servers			
Deacon Tony Falbo	tony.2011@centurylink.net		
Altar Society			
Pam DeBold	636-482-4765		
Art & Environment			
Ashley Czuchna	636-578-8774		
Music Ministry			
Bryan Beams	636-398-5270		
Adult Choir			
Mary Sweeten	314-324-3249		
Children's Choir			
Elizabeth Jaeckle	636-828-4811		

<u>runsi organizations</u>	
Budget & Finance	
Larry Graves	314-799-9804
Cemetery Committee	
Mark Keune	314-220-7075
Dinner Committee	
Jeff Comotto	314-570-6972
Funeral Lunches	
Ruth Neske	636-398-5699
Vicki Grunz	636-497-5230
Helping Hearts	
John Grady	314-662-2138
Mary Hardesty	636-398-5663
Bob Hutchcraft	636-346-3471
Maria Romine-Kantor	314-614-0857
Knights of Columbus	
Tim Lebb	314-775-7717
Marian Council	
Barb Pope	773-383-8602
Meal Train	
Kelly Meyer meyer5853@qmcinc.org,	636-828-4994
Meals on Wheels	
Jean Bammann	636-798-2718
Pro Life	
Bill Winters	636-828-4133
Quilters	
Vanita Joerling	636-544-0416
Ruth Willis	636-398-4597
Scouting	
Chuck Hinkle	636-544-6639
Cub Scouts: John Lyons	217-778-3760
Boy Scouts: Chad Peters	314-807-7177
St. Vincent de Paul	
Joe Willis	636-398-2106
Welcoming Committee	
Teresa Berfanger	636-398-5565
-	
Youth and Young Adults	
High School Youth Leader	
Janet Hespen	314-369-6521

636-357-0121

A Prayer for Wayward Grandchildren If you are an anxious grandparent, here is a powerful prayer for those you dearly care about. –Philip Kosloski–

Grandparents possess a great duty in the life of a family. Not only are they given the task of passing on their experience and wisdom to the next generation, they are also encouraged to pray for their grandchildren, especially when they appear to be walking away from the life of faith.

In fact, only in Heaven will we truly realize how much the prayers of grandparents have brought many of us back to the Church after wandering for so many years!

Here is a simple prayer, often called the <u>Grandparent's Prayer</u>, that can be prayed on a daily basis for all of your grandchildren. It is also a reminder of the great task that grandparents have and a daily call to conversion, recognizing the fact that grandchildren will always look to their grandparents for inspiration, whether they admit it or not.

Good Saint Anne and Saint Joachim, parents of Mary and grandparents of Jesus, be with me and all grandparents that we may be wise and loving, may share our time and stories and sense of humor. and may enjoy and not spoil too much the grandchildren who are close to our hearts. for they are the sign of God's life to us. Jesus, Mary and Joseph, be with our grandchildren and all other grandchildren that they may love and respect their grandparents and all older people, may remember to call, visit or write, and grow in wisdom, age and grace before God. Amen

We celebrated Grandparents Day last Sunday and the feast of Sts. Joachim and Anne on Monday. It's never too late to share a prayer!

18th Sunday in Ordinary Time—Year B

[Jesus said,] "Do not work for food that spoils; instead, work for the food that lasts for eternal life." JOHN 6:27

Publisher R. L. Sharpe will never forget this boyhood episode. He and his father had gone to Trussell's blacksmith shop to have a rake and a hoe repaired. After the repairs were made, his father gave Mr. Trussell a dollar. When the blacksmith wouldn't take it, his father insisted. "What happened next," said Sharpe, "I'll never forget. Mr. Trussell said to my father, 'Sid, can't you let a body do something now and then—just to stretch the soul?"

Why should "a body do something now and then-just to stretch the soul"? Why don't I stretch my soul more often?

Remember that what you possess in the world will be found at the day of your death to belong to another, but what you are will be yours forever. —HENRY VAN DYKE

(Fr. Mark Link S.J. Vision 2000)

Ministry Schedule

July 31—4pm

	July 31—4pm
EM:	Wilma Zurweller, Vanita Joerling, Ann Zaleuke
Lec	Mike Greene, Clare Holifield
Music:	Debbie & Bryan
Serv:	Izzy Scheer, <u>volunteer please</u>
Ush:	Andy Pope, Tim Wilson, Ed Etzkorn, Bill Pollihan
	August 1—7:30am
EM:	Deacon Chris, Mary Hardesty, Jan Kardasz
Lec:	Kris Jenkins, Karen Wappelhorst
Music:	Elizabeth & Verdi
Serv:	Sydney & Natalie Jaeckle
Ush:	Frank Kardasz, Chris Molitor, Ron Neske, Ron Jacob
	August 1—9:30am
EM:	Deacon Chris, Joni Marren-Slaughter, Laura Holstein
Lec:	Chris & Kat Menne
Music:	Amelia, Betsy, Mary, Bryan
Serv:	KaBella Bruno, Thomas Kokker
Ush:	Bill Winters, Larry Smith, Alan Raymond, Joe Weber

IHMformation Station

4:00:	Barb & Andy Pope
7:30:	Michelle Greiwe
9:30:	Ralph & Janice Britton



We welcome to our parish family through the Sacrament of Baptism Liberty Marie and Timothy Patrick Kennedy children of Tim & Heather (Asmus) Kennedy **Charlotte Marie Brown** daughter of Aaron & Amy (Kenning) Brown Rhoric Christopher Clifton son of Alec & Rebecca (Farwig) Clifton Ruby May Boucher daughter of Zachary and Melissa (Brockman) Boucher

Ministry Schedule

	August 7—4pm
EM:	Deacon Chris, Wally & Jan Karase
Lec:	Laarry Graves, Sharon Hagan
Music:	Mary Ann & Bryan
Serv:	Zoey Panus, <u>volunteer please</u>
Ush:	Chris Cuddihee, Andy Pope, Mike Rieker, Tim Wilson
	August 8—7:30am
EM:	Deacon Chris, Bob Brossette, Dianne Dickherber
Lec:	Yvonne Brossette, Chuck Kettler
Music:	Brooke & Verdi
Serv:	Emma Clifton, Izzy Scheer
Ush:	Dave London, Mark Thome, Tom Meczkowski, Mark Gross
	August 8—9:30am
EM:	Deacon Chris, Sharon Smith, Donna Hecht
Lec:	Joe Willis, Grant Smith
Music:	Amelia, Betsy, Mary, Bryan
Serv:	Mary & Janie Becker
Ush:	Ron Simpson, Bill Riley, Gary Struckhoff, Bob Hutchcraft

IHMformation Station

4:00:	Wally & Jan Karase
7:30:	Bob & Yvonne Brossette
9:30:	Joe & Debbie Willis

Heavenly Duster Schedule

Week of August 1:	Jean Reed-Bammann
Week of August 8:	<u>volunteer please</u>
Week of August 16:	Carol Grady
Week of August 22:	Lois Cobleigh
Week of August 29:	Maureen Blondin

Purificators

Month of August:

Mary Stassi

Marriage in Christ has been promised between: Travis Brenneke and Elizabeth Pivin



Please pray for all the sick and suffering:

Phyllis Zerr, Fran Bussen, Betty Boyd, Deacon Tony, Amy Robbins, Don Schmidt, Carl Wolff, George Stark, Betty Heppermann, Joyce Brakensiek, Tom Hartenbach, Richard & Doris Berhorst, Terry Hagan, Larry Gassei, Pat Foster, Chuck Speck, Pat Ryan, Frank Marguart, Pete Schepis, Justin Wehmeier, Jeff Bollman

Steve Wengerski (family friend of Mandy Daub), Keith Langford (son of Rita & brother of Valerie Langford), Red Brockmeyer (cousin of Kay & Ray Cherry), Karla Sitzes (daughter of Sophia Bax), Michael Speir (son-in-law of Jackie & Steve Dunn), Peyton Newman (grandson of Mike & Mary Hardesty), Loren & Evelyn Brandon (parents of Marty & Peggy Dupree), Charlie Grady (grandson of John & Carol Grady), Pat Finan (daughter of Fran Bussen), Marlene Hagemeier (sister of Pat Roche), Janet Piel and Jordan Keene (sister and friend of Joni Marren-Slaughter),

Carol Fague (sister of Bob Woodford), Rosemary Bell (sister of Janet & Jerry Hespen)

Hospitalization: If you are hospitalized, please let us know. Please call the office or ask a friend to call for you if necessary.

Communion Calls: If you would like to receive Communion but are unable to get to Mass because of illness or disability, please contact the parish office: 636-398-5270.

Prayer Requests: Brenda Hutchcraft at 636-248-8493 or email brhutchcraft@centurytel.net

18th Sunday in Ordinary Time, August 1, 2021

Mass Intentions

Monday, August 2	
8:00am	special intention (JW)
Tuesday, August 3	
8:00am	All Souls
Bob (29th ann.)	& Bobby (3rd ann.) Keune +
Wednesday, August 4	
8:00am	the Schneider Family
Thursday, August 5	
8:00am	Carol Smith +
Friday, August 6	
8:00am	Jameo Klemme +
	Holy Vocations
Saturday, August 7	
8:00am	David Flavan +
4:00pm	People of the Parish
·	Bob Barnard (9th ann.) +
Sunday, August 8	
7:30am	Jordan Medley +
9:30am	Trudy Smith +

GeneRose Dudenhoeffer +

Needed at the Pantry



laundry detergent, oil, beef stew, men's and ladies' shaving lotion, body wash, all purpose cleaner, coffee, paper towels, fruit juices, mayonnaise, sugar

We cannot accept expired or previously opened items

Please hold your plastic bags—we have plenty!!

The Gospel tells us, "This is my beloved Son. Listen to him." By "listening" we are able to *live* the gospel. Gospel living is something so simple as taking the time to listen to those who need to spill out their hearts when seeking help.

Through your gift to the Society of St. Vincent de Paul you enable the members of the Society to become a "listening heart" to the hungry, the homeless and the struggling poor.

Contributions July 24/25

General offertory:	\$7,692.56
Online Giving:	\$4,537.49
Total contributions:	\$12,230.05

"Each day the people are to go out and gather their daily portion; thus will I test them, to see whether they follow my instructions or not." ~~Exodus 16:4~~

When the Israelites gathered more than their daily portion of manna, the surplus became wormy and rotten. In the same way today, self-reliance, pride and ego leads to hoarding and excessive surplus of goods and money. Living a stewardship lifestyle helps us discern our "wants" from our "needs." Living a grateful and generous lifestyle reminds us that God will provide all that we need and that we have plenty to share.

We pray: that we recognize the difference between what we need and what we want and trust that God has provided us with enough to share.

Activities this Week

Sunday, August 1

Jonah Team will pray with you after 9:30 Mass Baptismal prep, Weber Hall, following 9:30 Mass Monday, August 2 Scouts, 6:30pm SVDP, Grand Hall, 6pm Tuesday, August 3 Fitness, Grand Hall, 9am Legion of Mary, Weber Hall, 9am KofC officers, Founders Hall, 6:30pm Wednesday, August 4 Reconciliation, 7pm Thursday, August 5 Fitness, Grand Hall, 9am Friday, August 6 Quilting in Weber Hall, 8:30—noon Saturday, August 7 Reconciliation, 8:45am SVDP Food Pantry open 9-10:30am Car wash from 9-noon (Francis Howell Marching Band)



On behalf of our IHM SVDP conference, as well as Holy Name of Jesus Parish and pantry in North St. Louis, we all thank you and our community for your continued love, generosity and support. Pictured are the items we were able to donate to Holy Name, and their conference members Marty Bligh, wife Annette, and Patrick, to help them in their mission to feed the hungry and help the poor. To quote my friend Marty Bligh, conference President of Holy Name of Jesus, <u>We could not do what we do without you!</u> They cover 39 square miles serving two pantries.

We want to thank all of our SVDP conference members: Joe & Debbie Willis, Dave Karll, Mark Thome, John & Carol Grady, Ralph Britton, Chuck Kettler, Jeff Comotto, and Don Hladky, for your selfless dedication.

"Do not neglect to do good and share what you have; God is pleased by sacrifices of that kind." —Hebrews 13:16.

—Rest in Peace—

Karen Windler sister of John & Karen Wappelhorst May she and all the faithful departed rest in the eternal peace of Christ.





Hi Teens,

Looking for a night out and build some great Friendships a long the way then come join these awesome teens that we have right here in our Parish !!!

We meet every other Thursday with a different topic plus fun activities and refreshments.

Times are 7 to 830pm

August 12:	Loving Yourself	Weber Hall
August 12:	Last hurrah	Weber Hall
	end of summer wate	er games
September 2:	Truth Revealed	Grand Hall
September 16:	Good Friendships	Grand Hall
September 30:	Build a Disciple	Grand Hall

Helping Hearts Community Service Ministry

We are a group of IHM volunteers who wish to provide physical assistance to our neighbors who are unable to help themselves because of physical limitations. We can help with:

- Transportation to/from medical appointments, grocery stores and churches
- Install support bars for showers and tubs
- Install ramps for people having trouble with mobility
- Simple tasks: replacing lightbulbs and other simple household jobs
- P Remove obstacles or debris: fallen tree limbs, etc.

Please pick up a brochure from our IHMformation Station for phone contacts and further information about what we can (and cannot) do. We want to help our parishioners and other community members within our parish boundaries in need of minor services that they are unable to do because of age or infirmity.



PSR corner PSR moving to Sunday Mornings!

Fr. Tom has made a decision to help "Keep Holy the Lord's Day" (Sunday), amongst a variety of reasons, by also moving our PSR program to Sunday mornings. At present the plan is to schedule Mass times for 7:30 am and 10 am and have an opportunity for classes (Grades 1-8) in between, from 8:45 – 9:45 am. This way one can go to either Mass and conveniently take

part in the program. Opportunities for adult formation will be offered in Church during that time as well. PSR families who registered last year will be sent information. New families, please inquire at the office. We will begin September 12. More details to follow.



Dynamic Catholic Alive!

The Bread of Life

"Jesus said to them, 'I am the bread of life; whoever comes to me will never hunger, and whoever believes in me will never thirst." We have heard this so many times before that many of us don't give it a second thought. But, imagine if you heard this for the first time, what would your reaction be? For some, there is immediate disbelief, it isn't logical and they can't get beyond their own limited human thinking. For others, they have known Jesus and are one of His disciples, yet they can't comprehend what Jesus is offering. For some, they can comprehend what He is offering but are not willing to undergo the transformation needed to be fully committed. And for some, their faith was so strong that they were willing to die for it. Starting today, stop taking the Eucharist for granted. Recognize the tremendous gift that we are given—we become tabernacles of the Lord every time we participate in Holy Communion. Share the joy of your friendship with the Holy Trinity with others and encourage them to invite the Lord into their hearts and bodies. archstl.org/dynamic

READINGS FOR THE WEEK

Sunday:	Ex 16:2-4, 12-15/Ps 78:3-4, 23-24, 25, 54 [24b]/Eph 4:17, 20-24/Jn 6:24-35
Monday:	Nm 11:4b-15/Ps 81:12-13, 14-15, 16-17 [2a]/Mt 14:13- 21
Tuesday:	Nm 12:1-13/Ps 51:3-4, 5-6ab, 6cd-7, 12-13 [cf. 3a]/ Mt 14:22-36 or Mt 15:1-2, 10-14
Wednesday:	Nm 13:1-2, 25—14:1, 26-29a, 34-35/Ps 106:6-7ab, 13-14, 21-22, 23 [4a]/Mt 15:21-28
Thursday:	Nm 20:1-13/Ps 95:1-2, 6-7, 8-9 [8]/Mt 16:13-23
Friday:	Dn 7:9-10, 13-14/Ps 97:1-2, 5-6, 9 [1a and 9a]/2 Pt 1:16-19/Mk 9:2-10
Saturday:	Dn 6:4-13/Ps 18: 28, 3-4. 47 and 51/Mk 17:14-20

Tour and Mass at the Shrine of St. Joseph



Since this is the year of St. Joseph, we are making a group Pilgrimage to the St. Joseph Shrine in downtown St. Louis on <u>Tuesday, August 17th</u>. Everyone is invited (men/women/children/friends). If you would text or email Sharon Hagan (see contact information below) and how many people are coming <u>by August 1</u> we can determine the size of bus we need and what our cost per person would be. We will meet at 9am in the IHM parking lot. The tour will begin at 10am and take 45 to 60 minutes. After the tour at 11am Fr. Tom has graciously agreed to offer Mass for us at the Shrine. After Mass we board the bus and proceed to our lunch destination (to be determined) and return to IHM. See link for more information about the Shrine: <u>https://www.shrineofstjoseph.org</u>

The tour is free, but donations are gratefully accepted. If you have questions or would like to sign up, please contact Sharon at 314-853-4994 or shagan2058@gmail.com

Men's ACTS Retreat: August 19-22, 2021

Most say: "You can't explain what happens; you have to experience it." This is your invitation to the experience

Registration is now open for the Men's ACTS Retreat to be held August 19-22 at the LaSalle Retreat Center. An ACTS retreat is a three-day, three-night Catholic lay retreat presented by men of St. Patrick, St. Gianna, and Immaculate Heart of Mary who have attended prior ACTS retreats, under the guidance of a Spiritual Director. Retreat activities focus on Adoration, Community, Theology and Ser-



"Live In Love As Christ Loved Us"

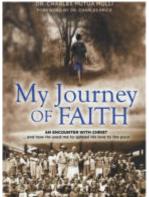
vice and is a dynamic experience that can change lives and enhance personal spirituality and parish involvement. All transportation will be provided. The cost is \$250. However, financial difficulties should not prevent anyone from attending the retreat. If you are unable to pay all or part of the fee or need further information regarding the retreat, please contact Bob Webb, Director, 636-445-4074 or Wayne Stoehner, Co-Director, 314-504-0112. Visit www.stpatrickwentzville.org/acts to download the registration form.

Next baptismal prep classes: August 1, 15 and September 19, 11am, Weber Hall. Please call the office at 636-398-5270 to reserve your spot! Thank you!

St. Paul Library / Lighthouse CD Resources

(Note: With close to 3000 items, the <u>Parish Library</u> is located in the Grand Hall past the restrooms. It is open during the week-normal business hours-and works on an honor system. Items from the <u>Lighthouse CD rack</u> are located and available in the Narthex.

From the Parish Library: Grand Hall



At six years old Charles Mulli woke up one morning in his poor Kenyan hut to find he had been completely abandoned by both parents. All alone he fell into a life of abject poverty, forcing Mulli to wander from hut to hut begging for food for his very survival, unable even to attend school. Later, as a teenager, Mulli started a small taxi company which grew to be very successful. Eventually he expanded his business ventures to include real estate, insurance, and oil and gas distribution, becoming a highly successful businessman. But despite all his success, the growing struggle in his heart over the plight of thousands of Kenyan street children remained strong until one day he surrendered to the call of God on his life to sell everything he owned and begin rescuing street children from the slums of Kenya. His story is told here in *My Journey of Faith* from his own perspective, describing his incredible life of faith that is filled with love, miracles, and powerful answers to prayer, and demonstrates persuasively how a close walk with God is accessible to all of us even today. The reader will experience the amazing true stories of tragedy-turned-triumph where hopeless cases encounter the work of Charles Mulli's and discover a new life they could not have imagined.



Soprano, Dr. Maureen Carlson is a professional singer, member of the St. Louis Symphony Chorus, certified teacher in the state of Missouri, and owner of Carlson Studios LLC. Dr. Carlson teaches Music, Art and Culture in Bregenz, Austria as visiting professor through Michigan State University. She has taught at Michigan State University. The University of Missouri in Columbia, Lindenwood, and Truman State University. She received a Bachelor of Music in Education from Heidelberg University, Master of Music in Vocal Performance and a Doctorate of Music in Vocal Performance from Michigan State University. Dr. Carlson is a proud member of National Association of Teachers of Singing, the College Music Society, National Association for Music Education and the National Society of Collegiate Scholars.





Get ready for the return of our famous SAUSAGE DINNERS! If you were an Activity/Shift Chair at the last dinner (Fall 2019!) and you're unable to perform that duty for this upcoming dinner, please contact Jeff Comotto at 314-560-6972 or jcomotto@centurylink.net as soon as you can. I can smell that delicious sausage frying right now! Cold beer here!

What's Your Catholic Catechism IO?

"The Catechism of the Catholic Church is a statement of the Church's faith and of Catholic doctrine, attested to or illumined by Sacred Scripture, the Apostolic Tradition and the Church's Magisterium. I declare it to be a sure norm for teaching the faith." (Pope St. John Paul II)

- In (the Lord's Prayer) we ask, not only for all the things 1. we can rightly desire, but also in the that they should be desired (Aquinas).
 - a. timeline b. sequence
 - c. desire d. fervor
- 2. The first communities prayed the Lord's Prayer times a day, in place of the eighteen benedictions customary in Jewish piety.
 - a. two b. four
 - c. eighteen d. three
- 3. In all the liturgical traditions, the Lord's Prayer is an integral part of the major hours of the Divine .
 - b. humanity a. liturgy
 - c. scriptures d. office
- 4. Most of the patristic commentaries on the Our Father are addressed to _____ and neophytes.
 - a. candidates b. catechumens
 - d. searchers c. non-confirmed
- 5. In the Eucharistic liturgy the Lord's Prayer appears as the prayer of the whole _____ and there reveals its full meaning and efficacy.
 - a. world b. church c. bible
 - d. universe

- 6. The Eucharist and the Lord's Prayer look eagerly for the Lord's , until He comes.
 - a. judgement b. return
 - c. church d. answer
- 7. In the Roman liturgy, the Eucharistic assembly is invited to pray to our heavenly Father with filial .
 - a, boldness b. wonder
 - d. fear c. doubt
- 8. We can invoke God as because He is revealed to us by His Son become man and because His Spirit makes Him known to us.
 - a. Father b. Redeemer
 - c. Sanctifier d. Creator
- 9. When we pray to the Father, we are in with Him and with His Son, Jesus Christ.
 - a. communion b. the same room
 - c. church d. awe
- 10. We can adore the Father because He has caused us to be reborn to His life by us as His children in His only Son.
 - a. calling b. naming
 - c. leading d. adopting

1. 1. b (2763) 2. d (2763) 3. d (2769) 4. b (2770) 5. b (2772) 7. a (2772) 8. a (2780) 9. a (2780) 10. d (2782) **HNSWER KEY:**

ZECHARIAH MEN'S PRAYER BREAKFAST...

is about sharing the story of an encounter with Christ one man at a time. It involves fellowship, a great talk, and prayer. Recordings of prior Zechariah events are now routinely available with other great Catholic Renewal Center events on YouTube at http://stlrenewal.org/yt and on Facebook at http://stlrenewal.org/fb. But our NEW Encore Zoom Zechariah is more than a recording of a prior event. It features enhanced online participation in faith-sharing, second only to live attendance. Your gifts and opinions are sought out and the interactive experience of Catholic community is made deeper. Register for free at gary.whitlock@att.net or 636-215-0973, or the online form at stlrenewal.org/zpb to receive a Zoom invitation to the August 1, 2pm Archbishop Rozanski Encore Zoom Zechariah or the August 8, 2pm Dr. Ed Hogan Encore Zoom Zechariah.

SPIRE (Memory Aid) for a Catholic Plan of Life (Part 3 of 7)

How does one unpack and simplify in a plan of life all that God has revealed in Jesus, Scripture and Tradition, all the Church believes, teaches and proclaims to be revealed by God? And how does one strive to live it out faithfully in a daily duty as a Catholic Christian? Here is an attempt by way of a memory aid: (SPIRE – Spiritual, Physical, Intellectual, Relational, Evangelical).



Here's a few tips for P-Physical

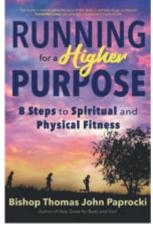
In the audio talk "Becoming the Best Version of Ourselves", Matthew Kelly offers wisdom on how to become the person that God has made us to be, how to become happy and holy. Amidst all the "resolutions" one hears about, especially at the new year, Kelly offers an insightful "body and soul" plan to put in place. In the realm of the physical he suggests that people exercise once a week every week for the entire year. You decide what the exercise is. He adds a few good one liners. "Would we like more energy? Would you let a million dollar racehorse go through the drive thru at McDonalds? Yet we are a temple of the Holy Spirit." Recently, Bishop Thomas Paprocki wrote a book about the physical and spiritual life. Here's a Bishop who has run 20 + marathons in his life. He has the experience and he helps connect some of the dots to "stay fit" in body and soul. Consider taking a look. Here's some other simple tips, quotes to ponder when it comes to the physical and spiritual to the physical and spiritual become the physical and spiritual become to "stay fit" in body and soul.

cal life. The first is "Those who don't find time to exercise find time to be ill." And we're not simply talking about physical illness, but all that illness entails in the mental and emotional realm as well. As it has been said, "Motion is the potion." Think about that simple quote and apply it to so much of what we see gone wrong in life, not just in bodily ills from being seriously overweight, but the anxiety, depression, obsessed with gadgets, pornography, laziness, etc. Another quote of simplicity is, "Move more, eat less." We know that weight loss comes from less calories *in* than *going out* being burned off. If we can stay active and control the intake valve, the bodily engine will probably run a lot smoother. Applying this to our spiritual life, consider uniting this as a penance. Really, the only difference between dieting and fasting is intention. If your intent is to decrease your torso, why not add to the plan and say "he must increase, I must decrease," by giving this decrease to the Lord. In all this, let's keep perspective: we've had fat saints, skinny saints, weird saints, young saints, old saints, smart saints, not so smart saints. In terms of the number of those who were physically fit or not, only God knows. I don't think the Lord is keen on excessive gluttony, however, so maybe we all can ponder how we can better take care of "brother ass" as St. Francis spoke of the physical body and use it for the glory of God.



Pope's Intentions for August: The Church

Let us pray for the Church, that She may receive from the Holy Spirit the grace and strength to reform herself in the light of the Gospel. It is not always in the soul's power to not feel a temptation. But it is always in its power not to consent to it. —Saint Francis de Sales—





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