



Immaculate Heart of Mary Catholic Church

Mailing Address: P. O. Box 100 * New Melle, MO 63365

Website: www.ihm-newmelle.org

Deliveries only address: 8 West Highway D, New Melle, MO 63365

Parish Office: 636-398-5270 Fax: 636-398-5577

Schedule of Holy Mass

Saturday: 8:00am
4:00pm Vigil Mass for Sunday
Sunday: 7:30am, 9:30am
Weekdays: 8:00am, St. Joseph Chapel

Weekly Devotions and Prayers

Eucharistic Adoration:

Monday 8:30am until Friday, 11:30am

Rosary:

Following 8am Mass weekdays & before Sat. 4pm.

Perpetual Help Devotions:

Tuesdays following 8am Mass

Respect Life Prayers:

Thursday following 8am Mass

Chaplet of Divine Mercy and Benediction:

Friday at 11:30am

First Saturday of the Month Devotions

8am Mass, Rosary, 15 minutes of meditation

Sacraments

Reconciliation:

Wednesday in church, 7pm
Saturday following 8am Mass

Marriage:

Contact the parish office
at least six months prior to the wedding

Baptism:

Contact the parish office
to register for class and to arrange date

Rite of Christian Initiation of Adults:

Contact Shawn Mueller in the parish office

2nd Sunday in Ordinary Time January 20, 2019



Flipped-Out Pharisees

The Gospel reading for this Sunday is not only the first miracle in John's Gospel, it is also John's first mention of Jesus' mother. I used to find it odd that Jesus addressed her as "Woman." I can't imagine my Dad letting me get away with that. But in that time the word was more respectful; it could even be affectionate. (The last time Jesus speaks to his mother—John 19:26—he also calls her "Woman." He certainly wasn't being disrespectful on the cross.) Jesus does help as his mother requested, but he does so in a way that doesn't draw attention to himself and also is a lesson about God's love.

You have probably heard how the Jewish people in Jesus' time performed purification rituals before eating any-

thing. The cleansings were a sign that they wanted to be like God, completely free from sin. Eventually, it came to mean that you could not approach God until you cleansed yourself. Jesus used the miracle to show us a different way of understanding holiness. Jesus could have made the wine in bottles or wine-skins to show that it was new. But he used the "six stone water jars there for Jewish ceremonial washings" (John 2:6). That meant that once they were full of wine, no one could wash themselves from the jars. I wonder how many Pharisees flipped out when they saw that.

The point is that no one can cleanse themselves. We don't purify ourselves in order to come to God—we come to God to be purified. God is the only one

who can make us holy. God offers this to sinners especially, because sinners who know they need forgiveness are the only ones to receive it. Not because God excludes the rest. Those who don't think they are sinners or don't think they can be forgiven won't ask for it. God never forces mercy on anyone. It is offered to those who ask for it. The amount of wine (six big jars of about twenty-five gallons each) symbolizes the extent of God's mercy. As there was now more than enough wine for the wedding, God has more than enough mercy for those who need it. Wine is also a symbol of joy in the Old Testament. There is no greater joy than knowing that you have been forgiven by the Lord.

Tom Schmidt, © J. S. Paluch Co.

Welcome to Immaculate Heart of Mary: *Informed—Hospitable—Missionary*

Parish Staff

Parish Office: 636-398-5270

Fr. Tom Miller, Pastor *askpadre@aol.com*
(for emergencies only: 314-303-2428)

Deacon Chris Ast *chrisast@archstl.org*
Deacon Tony Falbo *tony.2011@centurylink.net*
Laura Orf, Business Manager *lorf@ihm-newmelle.org*
Peggy Dupree, Secretary *secretary@ihm-newmelle.org*
Marilyn O'Neill, Music Director *m.oneill@ihm-newmelle.org*
Janet Hespen, Youth Leader *janethspn@outlook.com*
Karen Wappelhorst, Child Safety Coordinator
childsafety@ihm-newmelle.org

Religious Education

Shawn Mueller, Director

636-398-5270, *smueller@ihm-newmelle.org*

Parish School of Religion
Grades 1 thru 8, September thru May, 6-7:30pm, Wednesdays
Confirmation Preparation
8th Grade—September thru May, 6-7:30pm, Wednesdays
Children's Liturgy of the Word
September thru May, during the 9:30am Sunday Mass
Adult Education
Wednesdays at 8:45am and 6:10pm, September thru May
Rite of Christian Initiation of Adults—contact Shawn for schedule

Quick Contacts Directory

Weddings, Receptions, Events

Pat Gentry, Hall Rental/Wedding Coordinator 636-398-5270
Kelly Meyer, Wedding Coordinator 636-828-4994
Joan Marren-Slaughter, Event Coordinator 636-398-5270
Mary Keune, Event Coordinator 636-398-5270

Prayer and Devotion

Eucharistic Adoration
Shawn Mueller 636-398-5270
Legion of Mary
Maria Romine-Kantor 314-614-0857
Prayer Chain
Rita Langford 636-399-6083
Prayer Intercession/Jonah Team
Debbie Gillespie 636-398-4971
Prayer Shawl Ministry
Julia Kettler 636-616-0096

Liturgical Ministries

Extraordinary Ministers
Irene Caldwell 636-398-4311
Gift Bearers
Peggy Dupree 636-398-5270
Lectors
Ed Taylor 636-561-7099
Ushers
Gary Struckhoff 636-828-6067
Altar Servers
Deacon Tony Falbo *tony.2011@centurylink.net*
Altar Society
Pam DeBold 636-482-4765
Music Ministry
Marilyn O'Neill 314-341-2622
Contemporary Music Group
Debbie Gillespie 636-398-4971

Youth and Young Adults

High School Youth Leader
Janet Hespen 314-369-6521
Young Adults
Julie Lassiter 636-357-0121

Parish Organizations

Art & Environment
Mary Karll 636-433-5049
Budget & Finance
Larry Graves 314-799-9804
Cemetery Committee
Mark Keune 314-220-7075
Dinner Committee
Jeff Comotto 314-570-6972
Funeral Lunches
Carol Grady 314-662-2281
Ruth Neske 636-398-5699
Vicki Grunz 636-497-5230
Golden Hearts
Dave London 636-398-8665
Helping Hearts
IHM Parish 636-398-5270
Ralph Biddy 636-262-7530
Mary Fischer 636-561-7747
Gary Potter 636-448-4037
Maria Romine-Kantor 314-614-0857
Knights of Columbus
Gary Potter 636-228-4755
Marian Council
Barb Pope 773-383-8602
Meals on Wheels
Jean Bammann 636-798-2718
Outreach
Steve Farber *sfarber@farbermarketing.com*
Pro Life
Bill Winters 636-828-4133
Quilters
Mary Ann Brakensiek 636-828-5776
Ruth Willis 636-398-4597
Scouting
Chuck Hinkle 636-544-6639
Cub Scouts: Adam McCarthy 636-634-7622
Boy Scouts: Chad Peters 314-807-7177
St. Vincent de Paul
Teresa Waddington 314-440-7475
Welcoming Committee
Teresa Berfanger 636-398-5565

Four Saints Who Converted to Christianity

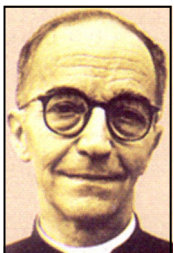
One of the most famous conversions to Christianity was that of St. Paul the Apostle, which we celebrate this Friday, January 25. After embarking on a journey to persecute Christians, Paul's encounter with the risen Christ set him on a new path that not only changed him, but the world.

Since then countless souls have adopted the Christian religion from every corner of the globe. This includes many saints who not only converted, but threw themselves fully into Christianity. As with St. Paul, their encounter with Christ fundamentally changed their life and they simply could not go back to their former way of life.

Here is a small selection of saints who felt called to embrace the Gospel of Jesus Christ.

Ven. Satoko Kitahara (8/22/1929—1/23/1958)

The daughter of a Japanese aristocrat, Kitahara was raised in the Shinto religion. After World War II she felt a deep emptiness within her and began searching for truth. She was inspired by faithful Christians living in Japan and was baptized at the age of 20. After converting she tended to the needs of the poor and taught catechism to children.



Ven. Marcello Labor (7/8/1890—9/29/1954)

Born to Jewish parents in Italy, Labor attended the University of Vienna to become a doctor. He met his wife there and was married in a Jewish ceremony. Life changed dramatically for him during World War I and he was enlisted as a

medical officer in the Italian army. During his time on the front he was baptized, along with his wife, because of a vow he made to the Blessed Mother. After the War Labor set up a medical practice where he served the poor of the city. After his wife's death, he became a priest and endured many sufferings before his death.

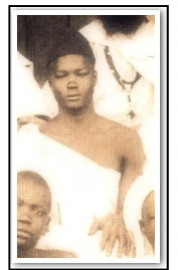
St. Kateri Tekakwitha (? 1656—4/17/1680)



Growing up among the Mohawk people near Auriesville, New York, Tekakwitha was the daughter of a Mohawk chief. After a smallpox outbreak her parents died and she was raised by other relatives. Jesuits were eventually allowed to visit the local villages and one day Tekakwitha met a Jesuit priest who catechized her. She took the name Kateri (Catherine) after being baptized and took Jesus as her spouse.

St. Charles Lwanga (1/1/1860—6/3/1886)

Raised in the Baganda tribe in Uganda, Lwanga first heard of Christianity from members of the court of Chief Mawulugungu. There he learned more about the person of Jesus Christ and began his road to Christianity. After Mawulugungu's death, Lwanga was a page in the court of King Mwanga II. The new king began to fiercely persecute Christians and Lwanga saw the leader of the pages killed. Strengthened by the example of the martyrs who died, Lwanga requested baptism, but soon after was imprisoned and killed for his courageous faith.



2nd Sunday in Ordinary Time

There was a wedding in the town of Cana in Galilee. Jesus' mother was there. When the wine had given out, Jesus' mother... told the servants, "Do whatever [Jesus] tells you."...Jesus said to the servants, "Fill these jars with water." [They did, and the water turned to wine.] JOHN 2:1,3-5,7

After college, University of Michigan quarterback and Heisman Trophy winner Tom Harmon became a pilot. One day his plane crashed deep in a South American jungle. Miraculously, he survived. Describing his experience, he wrote, "I said at least a million 'Hail Marys' during my trek out. In fact, as I walked through the jungle, trying to find my way out, I used to yell 'Hail Marys' at the top of my voice, hoping that someone would hear me and at the same time I would be praying."

How important a role does Mary, Jesus' mother, play in my spiritual life?

God could not be everywhere, so he made mothers.

JEWISH PROVERB

Next Week Ministry Schedule

January 26—4:00pm

EM: Pat Barnard, Carole Baker, Jennifer Fredrick,
Sharon Hagan, Mary Jean Hartenbach,
Pat Roche, Wally & Jan Karase
Lec: Karen Wilson, Jerry Knott
GB: Doug & Christine Scheer Family
Serv: Maggie & Morgan Molitor
Ush: Joe Spiess, Larry Graves, Tim Wilson,
Chris Cuddihee

January 27—7:30am

EM: Rich Molitor, Julia Kettler, Jan Kardasz,
Bob Brossette, John Fiacco, Carol Rabbitt
Lec: Peggy Dupree, Theresa Gross
GB: Tim & Kathy Feldewerth
Serv: Alex McCarthy, Bridget Goins
Ush: Mike Stassi, Ron Neske, Larry Koch, Hanh Nguyen

January 27—9:30am

EM: Alvina Fry, Mary Hannig, Mary Keune,
Laura Holstein, Clara Haas, Chris Aulbach,
Patrice Riley, Joni Marren-Slaughter
Lec: Nancy Hollenstein, Pat Gentry
GB: Brent & Mindy Dale
Serv: Lindsey & Madelyn Bouquet, Ellen Aulbach
Ush: Alan Raymond, Gary Struckhoff, Dave DeBold,
Walt Hollenstein, Charles Hinkle, Stan Kostecki

IHMformation Station

January 26, 4:00 Tom & Mary Jean Hartenbach
January 27, 7:30 Peggy Dupree
January 27, 9:30 Ralph & Janice Britton

*More volunteers needed for the IHMformation Station
at every Mass. It doesn't take much time out of your
day, and it's not hard! Call the church office for info!*

Vocation Prayer Bag:

January 27, 9:30 Scott & Tiffin Evans

This Week at Home



Heavenly Duster: Rita Langford
Purificators: Jane Szostek

Sunday, January 20

Contemporary Choir at 9:30am Mass

Monday, January 21

Office closed for MLKing holiday
Scouts, Founders Hall/Trailer, 6:30pm

Tuesday, January 22

Fitness class, Grand Hall foyer, 9am
Legion of Mary, Weber Hall, 9am
Finance Council, Weber Hall, 7pm
Children's Choir, church, 7pm

Wednesday, January 23

Bible Study, Weber Hall, 8:45am
PSR, Weber Hall/Founders Hall/Trailer, 6pm
Bible Study, Grand Hall, 6pm
Reconciliation, 7pm

Thursday, January 24

Fitness class, Grand Hall foyer, 9am
RCIA, Weber Hall, 6:30pm
Choir practice, church, 7pm

Friday, January 25

Early Birds Bible Study, Weber Hall, 6:30am
Quilting, Weber Hall, 8:30am

Saturday, January 26

Reconciliation, 8:45am

EWTN CATHOLIC RADIO: AM 1460

Please pray for all the sick and suffering, including:

Ed Haas, Mark Hanna, Dee Schipper, Phyllis Zerr,
Vickie Brink, Sandy Knott, Mike & Pat Ryan,
Mary Conover, Audrey Hueffmeier
Christine Potter (Gary & Cassie's Potter's daughter-in-law)
Zina Riley (mom of Andrew Riley),
David & Lisa Debold (Dave & Pam DeBold's children),
Betty Enderle (mom of Kay Cherry)
Avery Presker (granddaughter of Bob & Yvonne Brossette)
Dave Asinger (brother-in-law of Larry & Rita Bendel)
Bob Holland (friend of Shirley Augustine)
Sherri Callahan (daughter of Vickie & Paul Grunz)

Hospitalization: If you are hospitalized, please let us know. Please call the office or ask a friend to call for you if necessary.

Communion Calls: If you would like to receive Communion but are unable to get to Mass because of illness or disability, please contact the parish office: 636-398-5270.

Prayer Requests: Rita Langford at 636-398-4654 or email ritalangford4@gmail.com.

FORMED® Parish access code:
04c2dc

✠ Rest in Peace ✠

We offer our prayerful sympathy to
Scott & Kim Udell-Koziatek on the death of her father
Lawrence "Bud" Getz

Trish & Steve Williams on the death of her brother
Rick Kimberling

May they and all the faithful departed
rest in the eternal peace of Christ.

Mass Intentions

Monday, January 21	
8:00am	Bob Keune +
Tuesday, January 22	
8:00am	Caesar Rashid + Ed Turner & Taylor Greene +
Wednesday, January 23	
8:00am	Caesar & Sadie Rashid +
Thursday, January 24	
8:00am	Lucille Smith +
Friday, January 25	
8:00am	intention of Margie Lewis
Saturday, January 26	
8:00am	All Souls intention of Roger & Vickie Brink
4:00pm	People of the Parish
Sunday, January 27	
7:30am	Mary Fine +
9:30am	Betty Meier +



Pro-Life Events to Commemorate the 46th Anniversary of Roe v. Wade

Tuesday, January 22nd, is the 46th anniversary of the Roe v. Wade decision, which legalized abortion on demand in the U.S. A number of local activities are scheduled to commemorate this tragic decision and assault on innocent human life.

St. Patrick Holy Hour. A holy hour will be held at St. Patrick Church in Wentzville on Monday, Jan. 22nd at 7pm.

Candlelight Vigil in Washington MO. The East Central Area-Missouri Right to Life Chapter is holding its annual candlelight vigil from 5 to 6pm on Tuesday, Jan. 22nd, at the corner of Fifth and Jefferson in Washington MO. Everyone is invited to participate. Those participating are asked to bring a flashlight or a candle.

Archdiocesan Respect Life Memorial Mass. The annual Memorial Mass is Saturday, January 26th at 10:00 am at the Cathedral Basilica.

Contributions, January 12/13

General Offertory:	\$4,483.00
Online – General Offertory:	<u>\$2,619.32</u>
TOTAL	\$7,102.32

*“To each individual the manifestation of the Spirit
is given for some benefit.”
(1 CORINTHIANS 12:7)*

St. Paul tells us that God has blessed each of us for a reason. How has God blessed you? Are you using your gifts according to God’s plan? How are you helping to build God’s kingdom here on earth? Remember that if you don’t do the work God planned for you, no one else can do it. Live the life God intended for you, feel His love, peace and joy!

*We pray ... that we open our hearts and allow the
Holy Spirit to work through us the way God intended.*

Needed at the Pantry:

*Paper towels, toilet paper and
all purpose cleaning supplies*

In the Gospel today, at the wedding feast in Cana, Jesus reveals Himself to His disciples and they began to believe in Him. Every day, God also gives us signs of His love and so we also can respond in faith and trust.

Your gift to the Society of St. Vincent de Paul becomes a sign of God’s love to those who are suffering and you give them reason to believe and trust.

Pope’s Intentions for January:

Young People and the Example of Mary

That young people, especially in Latin America, follow the example of Mary and respond to the call of the Lord to communicate the joy of the Gospel to the world.



Dear IHM Parish Family:

2018 has come and gone. During the year we had a few physical/medical set backs. However, our blessings through the year were much more and too many to count! To the angels, elves and those behind the scene that helped bring us a Christmas tree and filled our home with love and joy, we are extremely grateful. We are truly blessed to be a part of the IHM family!

We wish love, good health and peace for 2019 to everyone.

May God be in your heart and bless you always.

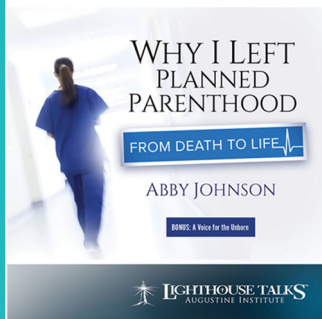
Michael and Gina McDonald



St. Paul Library & Lighthouse CD's

(Note: With close to 3000 items, the Parish Library is located in the Grand Hall past the restrooms. It is open during the week-normal business hours-and works on an honor system. Items from the Lighthouse CD rack are located and available in the Narthex.

From the Lighthouse Catholic CD Rack: Narthex



Abby Johnson is a widely recognized Catholic speaker who was once the director of one of Planned Parenthood's largest clinics where she came face to face with the reality of abortion. She shares an insider's perspective about the true motivations of the abortion industry, and her courageous journey away from it and towards life. Her story is a testament to God's grace and mercy, and the joy that comes from being an advocate for life

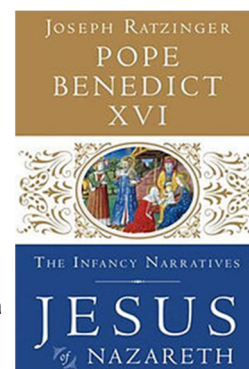
I was fully engaged in Abby's story and message. I find it so remarkable that someone so entrenched in the Planned Parenthood organization can now see the harm in its mission. Her personal story is a testament to prayer and God's work. I marvel at her remarkable conversion and her faithful dedication to not only live the faith but to evangelize. She clearly speaks the truth! Katie, VA

From the Parish Library: Grand Hall (lower level of church)

Jesus of Nazareth: Infancy Narratives: Pope Benedict

The momentous third and final volume in the Pope's international bestselling Jesus of Nazareth series, detailing how the stories of Jesus' infancy and childhood are as relevant today as they were two thousand years ago.

In 2007, Joseph Ratzinger published his first book as Pope Benedict XVI in order "to make known the figure and message of Jesus." Now, the Pope focuses exclusively on the Gospel accounts of Jesus' life as a child. The root of these stories is the experience of hope found in the birth of Jesus and the affirmations of surrender and service embodied in his parents, Joseph and Mary. This is a story of longing and seeking, as demonstrated by the Magi searching for the redemption offered by the birth of a new king. It is a story of sacrifice and trusting completely in the wisdom of God as seen in the faith of Simeon, the just and devout man of Jerusalem, when he is in the presence of the Christ child. Ultimately, Jesus' life and message is a story for today, one that speaks to the restlessness of the human heart searching for the sole truth which alone leads to profound joy.



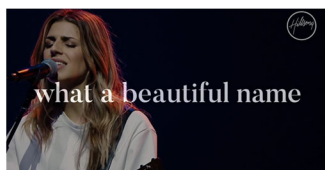
Calling all WIDOWS

New SOLOs group forming. Please join us January 24th, 5pm at the Quarry Wine Garden.
RSVP Maureen Blondin 314-503-4742

PSR Corner

In the Traditional-Devotional Dedication of the Months of the Year,

January is typically dedicated to The Holy Name and Childhood of Jesus. Gather the family around the computer and google the worship song "What a Beautiful Name" by Hillsong. Enter into the spirit of worship of the Lord's name.



Dynamic Catholic *Alive!* Generosity

The message we hear in all the readings today is a message of God's generosity to each of us. God has been generous to each of us in so many ways, and He expects each of us to be generous with our time, treasure, and talent as well. "Give to the LORD, you families of nations, give to the LORD glory and praise; give to the LORD the glory due His name!" In what ways can we be generous with our gifts this week?

archstl.org/dynamic

2019 Guide Book & Directory Advertising Opportunity



(CHURCH)
DIRECTORY

We are in the process of updating our annual Guide Book & Directory for the parish. This book will contain everything pertinent to our church: the various ministries, organizations, committees, activities, functions and events plus a complete directory of all members. This book is being provided and direct-mailed to each family at no cost to our church, and it is again being subsidized by local businesses that advertise. If you own or manage a business and would like to find out about advertising in our book, please call the church office: 636-398-5270.

Recent survey results by Guide Book Publishing show that 92.1% of families would rather patronize a Guide Book & Directory advertiser over a non-advertiser. It "will pay" to advertise in our new Guide Book & Directory.

Update Membership Info

Does our parish database have YOUR family membership record correct?

Here is your chance to update YOUR record for our annual Guide Book & Directory (if you haven't already done so).

It is time for us to update our database with any changes, additions, or deletions that may have occurred in YOUR family over the past year.

Have you changed your phone number? Have you moved? Are you preparing to move soon? Are all of your children still at home and are they all included in your membership record? Do you want your record published?

If you have not already informed the Church Office about changes to your record, please let us know now so that the information in the Guide Book & Directory is correct. The Church Office number is 636-398-5270.

Women's Prayer Group 2019: This year's Women's Prayer Group will go for 6 sessions at Mary Jo Dazey's house at 11 Country Life, Defiance, 63341. The group meets once a week for 6 weeks on Thursday nights from 7-8:30pm. This year's group will meet on February 7, 21, 28, March 7, 14, 21. This Women's Prayer Group will follow Matthew Kelley's book "The Biggest Lie in the History of Christianity." If you are interested in joining please call Mary Jo at 314-713-2094 or text her. This is a fun, faith-filled group whose mission is women empowering women to be the best-version-of-themselves and to achieve a deeper relationship with God. Hope you can join us!

What's Your Catholic IQ?

- Since Pentecost, it is through the Sacramental signs of His Church that the Holy Spirit carries on the work of _____.
a. construction b. sanctification c. teaching d. writing
- A Sacramental celebration is a meeting of God's _____ with their Father, in Christ and the Holy Spirit.
a. children b. family c. creation d. infants
- The Church celebrates the saving work of her Divine Spouse in a sacred commemoration on certain days through the course of the _____.
a. summer b. spring c. golf d. year
- Once each week, on the day which she has called the Lord's Day, she keeps the memory of the Lord's _____.
a. resurrection b. schedule c. time d. prayer
- The resurrection is also celebrated once every year, together with His blessed passion, at _____, that most solemn of all feasts.
a. Pentecost b. Christmas c. Easter d. Thanksgiving
- In the course of the year, moreover, she unfolds the whole mystery of _____.
a. stuff b. truth c. Christ d. the Trinity
- From the time of the Mosaic law, the people of God have observed fixed feasts, beginning with _____.
a. New Year's day b. Advent c. Passover d. Hannukah
- The Lord's _____ is its center, for there the whole community of the faithful encounters the risen Lord who invites them to His banquet.
a. table b. supper c. tabernacle d. word
- This first day has been called the _____ day, on which Christ, after His rest on the great Sabbath, inaugurated the day that the Lord has made.
a. last b. eighth c. third d. second
- St. Jerome wrote, "If pagans call it the day of the sun, we willingly agree, for today the _____ of the world is raised."
a. host b. light c. peace d. door



Immaculate Heart of Mary

Friday & Saturday, February 1st & 2nd

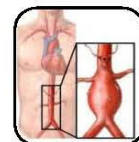
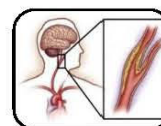
Do You Have: High blood pressure, high cholesterol, a FAMILY HISTORY of stroke, heart attack or aortic aneurysm?

Are You: A smoker, diabetic, overweight or physically inactive?

Identify a potentially serious disease that may be life threatening: Call today to schedule your appointment 832-437-7355 or TF 866-935-7226.

Don't miss this opportunity. It could be the best decision you ever make. These screenings are not part of a routine physical. **Stroke Scan Plus** will be bringing its mobile ultrasound stroke-prevention team here for early detection and prevention of:

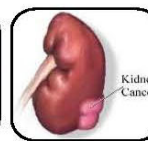
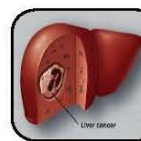
- **STROKE** - Carotid artery scan to look for blocked arteries in the neck
- **AAA** - Sudden death due to ruptured Abdominal Aortic Aneurysm



FULL PACKAGE: 2 VASCULAR SCREENINGS + 5 ORGAN ULTRASOUNDS for \$149

Included: While scanning the arteries, we will also scan your vital organs. We can detect possible cysts, masses and stones*:

- Thyroid - Scans for cysts or masses
- Gall bladder - Scans for gall stones or sludge
- Liver - Scans for cysts or masses
- Kidneys (2) – Scans for cysts, masses or stones
- Atrial Fibrillation - 2 lead EKG screens for irregular and often rapid heart rate which can cause stroke.



** Included with purchase of the FULL VASCULAR PACKAGE. Ultrasound cannot detect all organ abnormalities. It can detect most physical abnormalities depending on the size and other physical attributes, for e.g., body habitus.*

Additional Tests Available*:

- Bone Density - \$25 (Ladies Only)
- A1c (Diabetes) - \$25
- Cholesterol - \$25
- PSA (Prostate) - \$45
- TSH (Thyroid) - \$45
- CRP - \$45



**These tests are not available in all states or regions and incur an additional cost.*

Screening Preparations:

- Wear a two-piece comfortable outfit with short sleeves. No pantyhose, dresses or skirts.
- No big meals or caffeine 4 hours prior to screening.
- If you are diabetic, make sure to **EAT**.
- **If you are taking medication, continue to take it.**





Youth Group Meetings in the Grand Hall from 6-8pm:
January 24 (this Thursday!)
February 7, 14, 28
March 14, 28

February 16/17: Luke 18 retreat, 9am Saturday until
9:30am Sunday in the Grand Hall

March 6: Ash Wednesday Mass at 7pm. 8th graders
and Youth Group will help with ministries. Sign up
at PSR or Youth Group meetings.

March 13: Sacrament of Reconciliation, 6-7:30pm

Readings for the Week

Mon: Heb 5:1-10; Ps 110:1-4; Mk 2:18-22
Tue: Heb 6:10-20; Ps 111:1-2, 4-5, 9, 10c; Mk 2:23-28
Wed: Heb 7:1-3, 15-17; Ps 110:1-4; Mk 3:1-6
Thu: Heb 7:25 — 8:6; Ps 40:7-10, 17; Mk 3:7-12
Fri: Acts 22:3-16 or 9:1-22; Ps 117:1bc, 2; Mk 16:15-18
Sat: 2 Tm 1:1-8 or Ti 1:1-5; Ps 47:2-3, 6-9 or
Ps 96:1-3, 7-8a, 10; Mk 3:20-21
Sun: Neh 8:2-4a, 5-6, 8-10; Ps 19:8-10, 15;
1 Cor 12:12-30 [12-14, 27]; Lk 1:1-4; 4:14-21



5. Easter 1163	10. light 1166
4. resurrection 1163	9. eighth 1166
3. year 1163	8. supper 1166
2. children 1153	7. Passover 1164
1. sanctification 1152	6. Christ 1163

Catholic IQ Answers



Men's Annual White House Retreat

This is an invitation to the men of IHM to attend the annual White House Retreat starting Thursday, March 14 and ending on Sunday, March 17. There is a sign up in the back of church, or contact Ken Birk at 636-398-5301. Reservations due by February 15. I hope you can join us!

Women's Retreats also available. Call the church office if you are interested or want more information.

Be a Volunteer with SSM Hospice

Volunteers are a vital and valuable part of our SSM Hospice program and are a key member of the Hospice Circle of Care team! **SSM Hospice is in critical need of volunteers** that can support our patients and families by providing service in a number of ways, such as

- ✧ Companionship and support to the Hospice patient and family
- ✧ Needed non-medical services such as respite time for caregivers, letter writing, errands, and more
- ✧ Support for bereavement follow-up which can include scheduled phone calls/visits to the bereaved and support group assistance
- ✧ Administrative/Office support to ensure a smooth continuum of care for our patients and their families

All needed training will be provided and completion is required prior to beginning work as an SSM Hospice Volunteer. For more information about this challenging and deeply rewarding opportunity please contact **Mary Rosen**, Volunteer Coordinator at 636-695-2050 or Mary.Rosen@ssmhealth.com

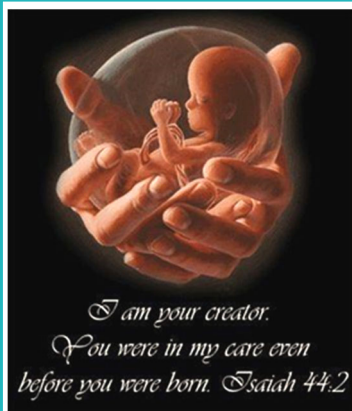
Worldwide Marriage Encounter Weekend

Marriage Encounter is a beautiful weekend experience designed for married couples of all ages. Give your spouse a gift certificate for a Marriage Encounter weekend as a Valentine's Day present!

Upcoming Weekend: February 8-10 at the Courtyard Marriott in St. Peters, MO.

Quilt Socials, both on February 2

St. Patrick/Wentzville, doors open 9am, games start at 10:30. www.stpatrickwentzville.org/bingo
St. Barnabas/O'Fallon, doors open 10:30am, games start at noon. Call Susan at 636-675-4709



January 22 is the anniversary of the tragic 1973 Supreme Court decision *Roe v. Wade* which legalized abortion. In the United States, the Bishops have made this date a “Day of Prayer for the Legal Protection of Unborn Children.”

The over 56 million abortions since the 1973 decisions of *Roe v. Wade* and *Doe v. Bolton* reflect with heartbreaking magnitude what Pope Francis means by a “throwaway culture.” However, we have great trust in God’s providence. We are reminded time and again in Scripture to seek the Lord’s help, and as people of faith, we believe that our prayers are heard. The General Instruction of the Roman Missal (GIRM), no. 373, designates January 22 as a particular day of prayer and penance, called the “Day of Prayer for the Legal Protection of Unborn Children.” “In all the Dioceses of the United States of America, January 22 (or January 23, when January 22 falls on a Sunday) shall be observed as a particular day of prayer for the full restoration of the legal guarantee of the right to life and of penance for violations to the dignity of the human person committed through acts of abortion.” As individuals, we are called to observe this day through the penitential practices of prayer, fasting and/or giving alms. Another way to take part is through participating in special events to observe the anniversary of *Roe v. Wade*. Call your local diocese or parish to find out what events might be taking place in your area.

What can I/my family do on January 22nd to call down grace on our nation and make reparation for the tragedy of abortion in our world?

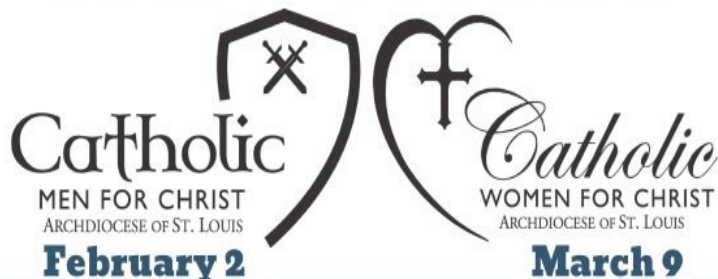
Here is some info from the U.S. Bishop’s website:
<http://www.usccb.org/prayer-and-worship/resources/january-22-day-of-prayer.cfm>

*“Only with **Prayer**
prayer that storms the heavens for
Justice and Mercy, prayer
that cleanses our **Hearts and
Souls** - will the culture of death
that surrounds us today be replaced with a
Culture of life.”*

Pastoral Plan for Pro-Life Activities,
U.S. Catholic Bishops

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