

# Spiritual Practices

Questions related to the faith practices of your people

x 2022

(Optional) Filter the responses to this question by a particular demographic by selecting a question and associated response below

Select a question Select a response

## Pace of spiritual growth

Show table



### Legend

- In a period of rapid spiritual growth
- Growing at a steady, continued pace
- Growing in my faith, but would like to grow more than I am
- Content staying right where I am spiritually
- Stalled in my spiritual growth
- In a period of spiritual decline

Year	Question	Answer	Responses
2022	Which of the following best describes the pace of your spiritual growth?	Growing at a steady, continued pace	177
2022	Which of the following best describes the pace of your spiritual growth?	Growing in my faith, but would like to grow more than I am	131
2022	Which of the following best describes the pace of your spiritual growth?	Content staying right where I am spiritually	53
2022	Which of the following best describes the pace of your spiritual growth?	Stalled in my spiritual growth	19
2022	Which of the following best describes the pace of your spiritual growth?	In a period of rapid spiritual growth	17
2022	Which of the following best describes the pace of your spiritual growth?	In a period of spiritual decline	6

Catholic Journey

Show table

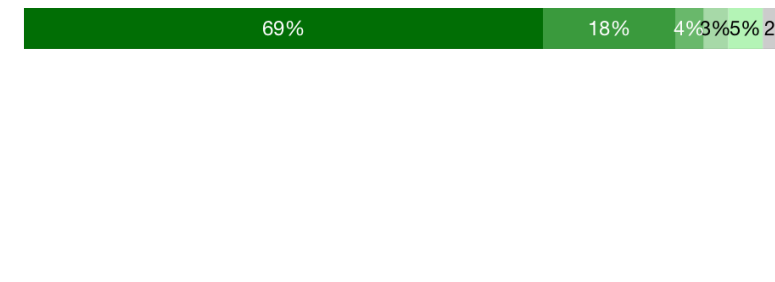
Year	Question	Answer	Responses
2022	Which of the following best describes where you are on your Catholic journey?	I have personally encountered Jesus Christ and am growing as a disciple	155
2022	Which of the following best describes where you are on your Catholic journey?	My relationship with Jesus Christ is the most important relationship in my life	154
2022	Which of the following best describes where you are on your Catholic journey?	I practice my Catholic faith, but do not know Jesus personally like a friend	67
2022	Which of the following best describes where you are on your Catholic journey?	I consider myself Catholic, though faith is not a significant part of my life	15

Legend

- My relationship with Jesus Christ is the most important relationship in my life
- I have personally encountered Jesus Christ and am growing as a disciple
- I practice my Catholic faith, but do not know Jesus personally like a friend
- I consider myself Catholic, though faith is not a significant part of my life

Frequency: Individual prayer time

Show table



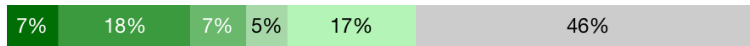
Legend

- Daily
- Weekly
- Monthly
- Quarterly
- Once or Twice a Year
- Never
- Group Daily, Weekly & Monthly

Year	Question	Answer	Value	Responses
2022	How often did you participate in or attend each of the following over the past year?	Individual prayer time with God	Daily	255
2022	How often did you participate in or attend each of the following over the past year?	Individual prayer time with God	Weekly	65
2022	How often did you participate in or attend each of the following over the past year?	Individual prayer time with God	Once or Twice a Year	17
2022	How often did you participate in or attend each of the following over the past year?	Individual prayer time with God	Monthly	14
2022	How often did you participate in or attend each of the following over the past year?	Individual prayer time with God	Quarterly	12
2022	How often did you participate in or attend each of the following over the past year?	Individual prayer time with God	Never	7

Frequency: Bible study/prayer group

Show table



Year	Question	Answer	Value	Responses
2022	How often did you participate in or attend each of the following over the past year?	Bible study or Prayer group (in person or online)	Never	167
2022	How often did you participate in or attend each of the following over the past year?	Bible study or Prayer group (in person or online)	Weekly	64
2022	How often did you participate in or attend each of the following over the past year?	Bible study or Prayer group (in person or online)	Once or Twice a Year	62
2022	How often did you participate in or attend each of the following over the past year?	Bible study or Prayer group (in person or online)	Monthly	27
2022	How often did you participate in or attend each of the following over the past year?	Bible study or Prayer group (in person or online)	Daily	25
2022	How often did you participate in or attend each of the following over the past year?	Bible study or Prayer group (in person or online)	Quarterly	20

Frequency: Mass attendance

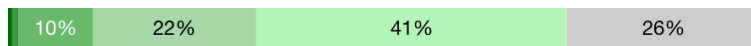
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Year	Question	Answer	Value	Responses
2022	How often did you participate in or attend each of the following over the past year?	Mass	Weekly	276
2022	How often did you participate in or attend each of the following over the past year?	Mass	Daily	53
2022	How often did you participate in or attend each of the following over the past year?	Mass	Monthly	14
2022	How often did you participate in or attend each of the following over the past year?	Mass	Quarterly	9
2022	How often did you participate in or attend each of the following over the past year?	Mass	Once or Twice a Year	8
2022	How often did you participate in or attend each of the following over the past year?	Mass	Never	4

Frequency: Confession

Show table



Year	Question	Answer	Value	Responses
2022	How often did you participate in or attend each of the following over the past year?	The Sacrament of Reconciliation (Confession)	Once or Twice a Year	150
2022	How often did you participate in or attend each of the following over the past year?	The Sacrament of Reconciliation (Confession)	Never	94
2022	How often did you participate in or attend each of the following over the past year?	The Sacrament of Reconciliation (Confession)	Quarterly	79
2022	How often did you participate in or attend each of the following over the past year?	The Sacrament of Reconciliation (Confession)	Monthly	36
2022	How often did you participate in or attend each of the following over the past year?	The Sacrament of Reconciliation (Confession)	Weekly	3
2022	How often did you participate in or attend each of the following over the past year?	The Sacrament of Reconciliation (Confession)	Daily	2

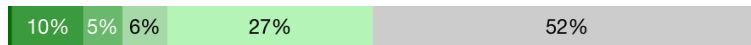
Frequency: Pastoral counseling/spiritual direction



Show table

Year	Question	Answer	Value	Responses
2022	How often did you participate in or attend each of the following over the past year?	Pastoral Counseling or Spiritual Direction	Never	212
2022	How often did you participate in or attend each of the following over the past year?	Pastoral Counseling or Spiritual Direction	Once or Twice a Year	108
2022	How often did you participate in or attend each of the following over the past year?	Pastoral Counseling or Spiritual Direction	Quarterly	29
2022	How often did you participate in or attend each of the following over the past year?	Pastoral Counseling or Spiritual Direction	Monthly	17
2022	How often did you participate in or attend each of the following over the past year?	Pastoral Counseling or Spiritual Direction	Weekly	3

Frequency:  
Class/workshop  
 Show table



Year	Question	Answer	Value	Responses
2022	How often did you participate in or attend each of the following over the past year?	A class or workshop about the Catholic faith (in person or online)	Never	190
2022	How often did you participate in or attend each of the following over the past year?	A class or workshop about the Catholic faith (in person or online)	Once or Twice a Year	100
2022	How often did you participate in or attend each of the following over the past year?	A class or workshop about the Catholic faith (in person or online)	Weekly	35
2022	How often did you participate in or attend each of the following over the past year?	A class or workshop about the Catholic faith (in person or online)	Quarterly	22
2022	How often did you participate in or attend each of the following over the past year?	A class or workshop about the Catholic faith (in person or online)	Monthly	19
2022	How often did you participate in or attend each of the following over the past year?	A class or workshop about the Catholic faith (in person or online)	Daily	2

Frequency: Social event

Show table





Year	Question	Answer	Value	Responses
2022	How often did you participate in or attend each of the following over the past year?	A parish social event	Quarterly	130
2022	How often did you participate in or attend each of the following over the past year?	A parish social event	Once or Twice a Year	126
2022	How often did you participate in or attend each of the following over the past year?	A parish social event	Monthly	62
2022	How often did you participate in or attend each of the following over the past year?	A parish social event	Never	28
2022	How often did you participate in or attend each of the following over the past year?	A parish social event	Weekly	23

Frequency: Retreat

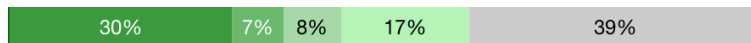
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Year	Question	Answer	Value	Responses
2022	How often did you participate in or attend each of the following over the past year?	A retreat	Never	256
2022	How often did you participate in or attend each of the following over the past year?	A retreat	Once or Twice a Year	102
2022	How often did you participate in or attend each of the following over the past year?	A retreat	Quarterly	2

Frequency: Eucharistic adoration

Show table



Year	Question	Answer	Value	Responses
2022	How often did you participate in or attend each of the following over the past year?	Eucharistic adoration – time in prayer before Jesus in the Blessed Sacrament	Never	142
2022	How often did you participate in or attend each of the following over the past year?	Eucharistic adoration – time in prayer before Jesus in the Blessed Sacrament	Weekly	108
2022	How often did you participate in or attend each of the following over the past year?	Eucharistic adoration – time in prayer before Jesus in the Blessed Sacrament	Once or Twice a Year	62
2022	How often did you participate in or attend each of the following over the past year?	Eucharistic adoration – time in prayer before Jesus in the Blessed Sacrament	Quarterly	28
2022	How often did you participate in or attend each of the following over the past year?	Eucharistic adoration – time in prayer before Jesus in the Blessed Sacrament	Monthly	25
2022	How often did you participate in or attend each of the following over the past year?	Eucharistic adoration – time in prayer before Jesus in the Blessed Sacrament	Daily	1

Frequency: Catholic devotions

Show table



Year	Question	Answer	Value	Responses
2022	How often did you participate in or attend each of the following over the past year?	Catholic Devotions (e.g. pray the rosary, novenas, special feast days)	Weekly	84
2022	How often did you participate in or attend each of the following over the past year?	Catholic Devotions (e.g. pray the rosary, novenas, special feast days)	Daily	78
2022	How often did you participate in or attend each of the following over the past year?	Catholic Devotions (e.g. pray the rosary, novenas, special feast days)	Quarterly	59
2022	How often did you participate in or attend each of the following over the past year?	Catholic Devotions (e.g. pray the rosary, novenas, special feast days)	Once or Twice a Year	54
2022	How often did you participate in or attend each of the following over the past year?	Catholic Devotions (e.g. pray the rosary, novenas, special feast days)	Never	51
2022	How often did you participate in or attend each of the following over the past year?	Catholic Devotions (e.g. pray the rosary, novenas, special feast days)	Monthly	44